APPENDICES
APPENDIX-I

Personal Data Sheet

Name: __________________________ Sex: __________________________
Age: __________________________ Caste: __________________________
Religion: ______________________
Occupational Status: Unemployed / Employed
Status of Parents: Both living / Father only / Mother only / both deceased
Belief in God: One / Many
God Existence: Mosque / Temples / Holy Shrines / Heart / Everywhere
How much religious minded you are: Very Much / Much /Somewhat /Slightly /Not at all
Number of times you have visited the shrine __________________________
APPENDIX – II

Purpose of Visits to Holy Shrines

Directions:

Please read each statement carefully and decide if you ever feel this way during your visit to the holy shrines. If you have had this feeling, indicate your response to only those items that are applicable to you, by writing (Yes). Every item is prefixed by “To pray.....

( ) for getting immersed with Sufi/Saint.
( ) for the settlement of their children.
( ) for the employment of self/children.
( ) for the marriage of their children.
( ) for coping with the stressors.
( ) for the recovery of the illness of self/family members.
( ) when feeling miserable or experiencing discomfort with life.
( ) for attaining inner harmony or peace.
( ) for maximizing harmonious relationship with the spiritual preceptor.
( ) to be financially secure.
( ) for pursuing spiritual goals.
( ) for developing a sense of personal power and confidence.
( ) for developing goodness, integrity and love.
( ) for maintaining spiritual health.
( ) for achieving mission or purpose in life.
( ) for coming closer to God, a Supreme Being.
( ) for the development of inner resources in order to live peacefully and wholeheartedly.
( ) for extending self awareness and developing spiritual strength.
( ) for defeating the evil spirits.
( ) for coping with the feeling of helplessness.
APPENDIX – III

Spiritual Orientation Inventory

There is no right or wrong answer. Please respond to what you think or how you feel at this point of time. Give answers in ‘Yes’ or ‘No’.

1. Are you convinced that by doing prayer and alms at this holy shrine you can attain inner calmness and peace?
2. Do people of your community have faith in visiting holy shrines?
3. Do you think you are victim of self or others neglect?
4. Did your other family members show willingness to pay visit to the holy shrines?
5. Do you frequently pay visits to the holy shrines?
6. Do you think that by visiting to such holy shrines one may be safe from many misfortunes?
7. Do you repose more confidence in the spiritual preceptor than in your prayer and alms?
8. Do you think you can change your fate by paying visit to the holy shrines?
9. Do you think you have not yet achieved that you have aspired for?
   (before visiting the shrine)
10. After your visit did you ever experience discontent or dissatisfaction?
    (for the people who have visited several times)
11. Have your attitudes changed as the number of visits increased?
    (for the people who have visited several times)
12. Do you have a strong identification with all humanity?
13. Do you believe all of life is infused with piety?
14. Do you believe addicted behavior can be eradicated through contact with the spiritual experiences?
15. Do you believe that the Sufi/Saint (spiritual preceptor) can make a difference in your life?
16. Do you believe that the feeling of piety/purity should only be attached to the holy shrines?
17. Do you believe that spiritual experiences can enhance your relationships with others?
18. Do you ever find yourself in the situation of experiencing pious sentiments?
19. Do you believe that one should stop believing in such unscientific ideas as piety, purity of feelings?
20. Do you believe that without spirituality there is no hope for the human race?
21. Do you believe that spiritual experiences have helped you to seek out what is really valuable in life and what is not?
22. Do you think that even those who lack in spirituality can experience happiness?
23. Have you had a spiritual experience?
24. Do you believe that spiritual experiences help in achieving wellness?
25. Do you think that spiritual experience indicates sense of fulfillment in your life?
26. Do you think that the spiritual experiences give future meaning to fulfill the life objectives?
27. Do you think it is difficult to for an individual to establish relationship with the spirit world?
28. Do you think that visiting the holy shrine is the spiritual path to approach God?
29. Do you find solution to your problems by visiting the holy shrines?
30. Do you think that your presence at the holy shrine is more meaningful to your religious life?
31. Do you think that by visiting holy shrines you can visualize or imagine about the other world?
32. Do you think that visit to holy shrines increase the interpersonal harmony among various religious and caste groups?

33. Do you accept the spiritual preceptor as an ideal preceptor?

34. Do you think that the spiritual preceptor gives the message of love and affection?
APPENDIX – IV

Satisfaction with Life Scale

Using the 1-7 scale below, indicate your agreement with each item by placing the appropriate number on the line preceding that item. Please be open in responding.

7 – Strongly Agree, 6 – Agree, 5 – Slightly Agree, 4 – Neither Agree nor Disagree, 3 – Slightly Disagree, 2 – Disagree, 1 – Strongly Disagree.

_____ In most ways my life is close to my ideal.
_____ The conditions of my life are excellent.
_____ I am satisfied with my life.
_____ So far I have got the important things I want in life.
_____ If I could live my life over, I would change almost nothing.