P-Scale

Some statements are given below which show the relationship between parents and their children. Your relationship with your parents must be of similar kind.

You are requested to read every sentence carefully. If you think that your parents always behave in the same manner, please put a tick mark ( ) against the sentence under ALWAYS. If you think that your parents seldom behave in this way, please put a tick mark ( ) against the sentence under SELDOM. But if you think that your parents never treat you in that manner, put the tick mark ( ) under NEVER.

I would like to assure you that your answer will be kept secret and no one except me will come to know them. Your frank and clear answers will be of great help in my research work.

Thanking you,

Yours
1. My parents are friendly towards me
2. My parents help in solving my problems
3. My parents spend some time to play with me
4. My parents go for a walk with me
5. My parents help me in my school work
6. My parents allow me to speak freely with them
7. Love of parents spoils children
8. My parents are careful about my feelings
9. I feel quite free in my home
10. My parents allow me to invite my friends at home
11. I like to work according to the wishes of my parents
12. My parents punish me in order to maintain discipline
13. My parents provide things for recreation of my friends
14. My parents participate in my interests
15. My parents criticise my friends for my benefits
16. My parents do not think much of my abilities
17. My parents treat me as a responsible person
18. My parents find lack of some good characteristics in me
19. My parents give very little importance to my ideas
20. My parents do not care whether I have friends or not
21. I consider my parents to my friends
22. My parents are interested in all those things which concern me
23. My parents think about my well-being
24. My parents express their love for me
25. My parents feel happy to spend their time with me
26. My parents are friendly and affectionate toward me
27. My parents are interested in looking after me
28. My parents are very considerate towards me
29. My parents love me very much
Before I ask to fill up this form I would like to assure you that whatever you write, will be kept strictly confidential and no one except me, will read this form. I hope that you will help me in my research work by giving your frank and clear answer.

Some statements are given below. Which show the relationship between you and your sibling (sisters and brothers). You are requested to read each sentence carefully. If you think that the statement is describing the manner in which your siblings behave, please put a tick mark ( ) against the statement, but if you think that your siblings never treat you in that manner put a ( ) cross mark against the sentence.

NAME : 
AGE : 
SEX : 
CLASS : 
SCHOOL : 

1. Sometimes I feel that I am loosing parental affection and attention because of my sisters and brothers.

2. When I am made fun of by my sister and brothers' friends, my sisters and brothers fight with them for my sake.

3. Sometimes I hate to be surrounded by my sisters and brothers and often like to do my work independently.

4. I like to play games or perform tasks with my sisters and brothers.

5. Whenever there is the birth of a new baby in our house, I feel rejected.

6. I am considered to be a leader amongst my sisters and brothers.

7. When my sisters and brothers' friends make fun of me, my sibling feel ashamed of me.

8. I am told to stay in my room whenever there is a big gathering in our house.

9. I think my friends are luckier in their family life, is they get attention and affection from sisters and brothers.

10. Sometimes I feel lonely, bored, and disheartened, when I think that I am physically inferior to my brothers and sisters.

11. Life is more enjoyable with sisters and brothers.

12. Whenever my sisters and brothers go to their friends house, they like me to accompany them.

13. It is unfair to expect me to take care of my sisters and brothers.
14. Sometimes I feel my sisters and brothers and better organisors and managers than me

15. I feel my sisters and brother do not give any special attention to me, ever when told to do so

16. Sometime I think that handicapped are treated very badly in their homes while their brother and sisters and not

17. I do not mind if my sisters and brothers sometimes, make fun of me

18. My sisters and brothers mostly participate in activities of my interest

19. I feel very bad when my sister and brothers cancel their programme of outing because of me

20. My family members treat me as a responsible person

21. My brothers and sisters sometimes put me in such a state of mind that I feel like tearing them into pieces

22. Active participation in home affairs and sharing responsibilities gives me joy

23. Whenever I am in difficulty my brothers and sisters never care to help me

24. Whenever I guide my sisters and brothers they listen to me carefully, and they follow my advice

25. Mostly my brothers and sisters give me very little importance and ignore me

26. My sisters and brothers are careful about my feelings, and they allow me to speak freely with them

27. I like to guide my brothers and sisters in their problems

28. Sometimes I am punished in order to maintain discipline
29. Sometimes I feel I have no sympathy for my sisters and brothers, because they tease me

30. I consider my sisters and brothers good friends and they think about my well-being

31. My sibling's friends often try to be extra kind which I do not like because they seem to be taking pity on me

32. My brother and sisters get more things for recreation than me

33. My sisters and brothers also join their friends in humiliating me

34. Being handicapped, I am always ignored amongst my sisters and brothers

35. I find in myself a lack of money good qualities which my sisters and brothers do not lack

36. I am not as free as my sisters and brothers are in the home

37. I like to share my toys with new born babies

38. Sometimes I am unable to solve my problems independent while my brothers and sisters can do so

39. Sometimes I wish to play with my sisters and brothers while they never bother about me

40. Sometimes I feel I can do much better in life than my sisters and brothers
INSTRUCTION

Often teachers have to make small groups of students for different kinds of activities. The task of assignment of students in the small groups becomes easy if the teachers know the liking of students about their class-fellows. This enables the teacher to put together pupils who like each other.

You are requested to answer a few questions regarding with whom you would like best to do some activities. In each case you have to name three students of your class in order of preference with whom you would like to participate.

NAME : 
CLASS : 
AGE : 
SEX : 
RELIGION : 
SCHOOL : 
1. Which three students from this class-room would you like to have as your seating companion?

2. Which three students of this class-room would you like to play with during recess in school?

3. Which three students of this class-room would you like to do a class-assignment with you?
D-Scale

INSTRUCTION

List below a number of statement related to different aspects of behaviour. Opposite each statement are four columns headed; None, A little of the time, some of the time, good part of the time, and most or all of the time. Please read each statement carefully and put a tick mark ( ) in the column which is most applicable to you:

<table>
<thead>
<tr>
<th>None or Some</th>
<th>Good</th>
<th>Most</th>
</tr>
</thead>
<tbody>
<tr>
<td>little of the time</td>
<td>of the time</td>
<td>of the time</td>
</tr>
</tbody>
</table>

1. I feel down hearted and blue
2. Morning is when I feel the best
3. I have crying spells or feels like it
4. I have trouble sleeping at night
5. I eat as much as I used to
6. I enjoy the company of others
7. I notice that I am losing weight
8. I have trouble with constipation
9. My heart beats faster than usual
10. I get tired for no reason
11. My mind is an clear as it used to be
12. I find it easy to do the things I used to
13. I am restless can't keep still
14. I feel hopeful about the future
15. I am more irritate than used
16. I find it easy to make decision
17. I feel that I am useful and need
18. My life is pretty ful
19. I feel that others would be better of if I were lead
20. I still enjoy the things I used to do

NAME : 
AGE : 
SEX : 
FATHER'S/GUARDIAN'S INCOME :
RELIGION : 
ADDRESS : 
Some statements are given below, which are about now you think and feel and therefore, they have no right or wrong answers. People think and feel differently. The person sitting next to you might put a circle around "Yes" and you may put a circle around "no". These questions are about how you think and feel about school, and about a lot of other things. Remember, listen carefully to each question and answer it "Yes" or "No" by deciding how you think and feel.

No one but myself will see your answers to these questions, not your teacher or your parents. Your frank and clear answers will be of great help in my research work.

Thanking you,

Yours
1. When you are away from home, do you worry about what might be happening at home?
2. Do you sometimes worry about whether other children are better looking than you are?
3. Are you afraid of mice or rats?
4. Do you ever worry about knowing your lessons?
5. If you were to climb a ladder, would you worry about falling off it?
6. Do you worry about whether your mother is going to get sick?
7. Do you get scared when you have to walk home alone at night?
8. Do you every worry about what other people think of you?
9. Do you get a funny feeling when you see blood?
10. When your father is away from home, do you worry about whether he is going to come back?
11. Are you frightened by lightening and thunderstone?
12. Do you ever worry that your wont be able to do something you want to do?
13. When you go to the doctor for an injection, do you worry that he may hurt you?
14. Are you afraid of things like snake?
15. When you are in bed at night trying to go to sleep, do you often find that you are worrying about something?
16. When you were younger, were you ever scared of anything?

17. Are you sometimes frightened when looking down from a high plan?

18. Do you get worried when you have to go to the doctor's office?

19. Do you get scared after listening to some stories?

20. Have you ever been afraid of getting hurt?

21. When you are home alone and someone knocks on the door, do you get a worried feeling?

22. Do you get a scary feeling when you see a dead animal?

23. Do you think you worry more than other boys and girls?

24. Do your worry that you might get hurt in some accident?

25. Has anyone ever been able to scare you?

26. Are you afraid of things like guns?

27. Without knowing why, do you sometimes get a funny feeling in your stomach?

28. Are you afraid of being bitten or hurt by a dog?

29. Do you ever worry about something bad happening to someone you know?

30. Do you worry when you are home alone at night?

31. Are you afraid of being too near fireworks because of their exploding?

32. Do you worry that you are going to get sick?
33. Are you ever unhappy?

34. When your mother is away from home, do you worry about whether she is going to come back?

35. Are you afraid to dive into the water because you might go hurt?

36. Do you ever worry about what is going to happen?

37. Do you ever worry about what is going to happen?

38. Do you get scared when you have to go into a dark room?

39. Do you dislike getting in fights because you worry about getting hurt in them?

40. Do you worry about whether your father is going to get sick?

41. Have you ever had a scary dream?

42. Are you afraid of spiders?

43. Do you sometimes get the feeling that something bad is going to happen to you?

44. When you are alone in a room and you near a strange noise, do you get a frightened feeling?

45. Do you ever worry?
Before I ask you to fill up this form I would like to assure you that whatever you write, will be kept strictly confidential and no one except me, will read this form.

Some statements are given below. You are requested to reach each sentence carefully. If you think that the statement applies to you, please put a tick mark against the sentence in the box "Yes" and if you think that the statement does not apply to you please put a cross mark against the sentence in the box denoting "No".

I hope that you will help me in my research work by giving yours frank and clear answer.

Thanking you,

Under supervision of
Dr. Hamida Ahmad

By
Tabassum Nabi
Department of Psychology
Aligarh Muslim University
Aligarh
1. I enjoy mixing with people
2. In social conversation I am usually a listener rather than a talker
3. When things go wrong I pity myself
4. I find it difficult to speak in public
5. I find it very hard to do my best when people are watching.
6. I do not care much for what others think of me.
7. I have difficulty in talking to most people
8. I stay in the background in social gathering
9. I feel embarrassed to enter into assembly when all are already seated
10. I have difficulty in saying the right thing at the right time.
11. I am much affected by the praise or blame of my person
12. My feelings are rather easily hurt
13. I am hesitant about forming decisions
14. I always feel that I can achieve the things I wish
15. I am generally confident of my own ability
16. I often feel that in life's competition, I am generally the loser
17. I can adjust readily to new situations.
18. I often feel rather awkward.
19. I am afraid that other people will dislike me
20. My friends have made better life adjustments than myself.
21. I blush very often
22. I feel physically inferior to my friends'
23. I am readily moved to tears
24. I often feel that my movements are clumsy.
25. I am a dominant person
26. I get discouraged easily
27. I am bothered my inferiority feelings
28. I can get a job any day
29. I seem to be about as smart as most others around me
30. I broad too much other everything
31. When my friends criticise me I take it well
32. I have the feeling I am not able face life's problem
33. I am often in low spirits
34. I often feel helpless
35. When I am upset emotionally, I take much time to recover

NAME
AGE
SEX
CLASS