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Health is an important aspect of human life. It is well recognized truth, from the early time, that processing good health is a pre-requisite for every human being for all round growth and development. It is a positive concept emphasizing the social and personal resources as well as physical capabilities.

Health is a state of feeling well and not being sick. Commonly people think of health in terms of absence of (1) objective signs that the body is not functioning properly, such as measured high blood pressure, or (2) subjective symptoms of disease or injury, such as pain or nausea (Birren & Zarit, 1985; Thoresen, 1984). Health is not limited to the physical well-being. The word health comes from an old German word that is represented in English by the word 'hale' or 'whole' both of which refer to a state of “soundness of body”. According to Sartorious (1989), health can be considered “a state of balance between the individual and his inner self and the world around him.”

The term personality refers to a person’s cognitive, affective or behavioural tendencies that are fairly stable across time and situations low level of conscientiousness in childhood and poor mental health in adulthood are associated with dying at earlier ages from diseases such as heart diseases, and cancer (Friedman, 1995). In everyday life, the term ‘personality’ refers to physical or outward appearance of a person ‘encountered in some situation’. Thus one sees someone and find ‘attractive’, one may say that the person has charming or impressive personality. According to Eysenck, 1967, “Personality is the more or less stable and enduring organization f a person’s character, temperaments, intellect and physique that determine his unique adjustment to his environment.”

Emotional intelligence, a concept made popular by the groundbreaking book by Daniel Goleman, which is based on years of research by numerous scientists such as Peter Salovey, John Meyer, Howard Gardner, Robert Sternberg and Jack Block, just to name a few. For various reasons and thanks to a wide range of abilities, people with high emotional intelligence tend to be more successful in life than those with lower EIQ even if their classical IQ is average.
Building one's emotional intelligence has a lifelong impact. Emotional intelligence refers to the ability to perceive, control and evaluate emotions. Emotional intelligence is needed for a student who learns is much more apt to succeed. The idea of emotional intelligence has inspired research and curriculum development. Researchers have concluded that people who manage their own feeling well and deal effectively with others are more likely to live content lives. Happy people are more apt to retain information and do more effectively than this satisfied people.

Health refers to the proper functioning of body and the mind in a balanced way, as well as, the capacity to participate in social activities, performing the roles and abiding by the moral principles of the society. People with different socio-cultural background may hold different conceptions of health and an individual may have different ideas about the meaning of health depending upon the circumstances under which the issue is raised.

From the previous description, one can get an idea that health, personality and emotional intelligence being facts of modern life. Health is "a resource for everyday life, not the objective of living. Health is a positive concept emphasizing social and personal resources, as well as physical capacities." It is not easy to counter the contention that health is a “Pervasive psychological phenomenon”, of modern society. Not much attention is paid in the Indian society towards health influence on personality and emotional intelligence. This study may help in the understanding of health in relation to personality and emotional intelligence in a scientific and pragmatic manner. The problem of the study is entitled as, “General Health in relation to Personality and Emotional Intelligence.”

In view of such a problem, the present study is centered on the following objectives.

1. To examine the relationships of General Health with Personality and emotional intelligence.
2. To identify the role of personality and emotional intelligence in determining general health.

Keeping the pertinent literature in view the investigator proposed following hypotheses:

1. There would be significant relationship of General Health with Personality and Emotional intelligence amongst male and female adolescents engineering students.
2. Personality and emotional intelligence play a significant role in determining general health amongst male and female adolescents.

The present investigation was designed to study general health in relation to personality and emotional intelligence among adolescents. In this study general health was a dependent variable and personality and emotional intelligence were independent variable. Measures of general health, personality and emotional intelligence were administered to 200 adolescent engineering students. The data were analyzed by calculating coefficient of correlation. Stepwise multiple regression was done to identify role of personality and emotional intelligence.

Following tools was used for this present investigation; Goldberg (1979) introduced the General Health Questionnaire (GHQ), Eysenck Personality Questionnaire (EPQ) by developed Thakur and Thakur (1973) to measure personality and Mangal Emotional Intelligence Inventory was developed by Mangal and Mangal (1971).

The main aim of the present investigation was to study the relationship of general health with personality and emotional intelligence. The findings of the studies here are subjected into two sections. First, there is significant relationship of general health with personality and emotional intelligence. Thus hypothesis 1 is verified for significant relationship of General Health with Personality and Emotional intelligence amongst male and female adolescents engineering students. Second hypothesis for the present investigation was proved on Personality and emotional intelligence play a significant role in determining general health amongst male and female adolescents.

There are some suggestions for the present investigation. Firstly, further study is needed to actually measure and investigate gender differences. These studies could also further explore the possible link between the relationship of psychological, spiritual, physical, mental components of health with personality and emotional intelligence.

Secondly, intervention programs can be designed to help young people cope in healthy ways with their personality problems and could be advised to understand cope up with own and others emotions. Finally, it may be very helpful for teachers to pay attention to statements made by students that suggest an underlying unhealthy behavior towards schools, colleges and other educational institute. This could be useful in preventing some later behavioral problems, both in
the classroom and organization, which reflect unhealthy behavior, personality problems and emotional problems coping strategies.

Thirdly, as the present study was conducted taking student from Jind District of Haryana. For under generalization of the findings of the studies need to be done taking samples from under geographical area and that too considering the socio-economic profile of the parents.

Fourthly, the sample consisted of only engineering students. So, this study can be generalized only on engineering students not on all the students. In further studies, the sample of students of all streams can be used and their differences can be studied.