A COMPARATIVE STUDY OF SELF CONCEPT, ADJUSTMENT AND MENTAL HEALTH AMONG STUDENTS’ DIFFERENT FACULTIES

ABSTRACT

The purpose of the present study is to know the Self-Concept, Adjustment and Mental Health among students of different faculties. The sample consisted of 240 Arts and Science College students. Out of which 120 were Arts College students (Boys and Girls) and 120 were Science College students (Boys and Girls). For this purpose of investigation “Self-concept Questionnaire” by Dr. R.K. Sarashwat, "Bell Adjustment Inventory” by Dr. D.J. Bhatt, and "Mental Health Inventory” by Dr. D.J. Bhatt and Gita Gida was used. After scoring of every test which is fill up by students I can get raw scores and then by help of raw scores I can complete data analysis. First I check which option was selected by Students and help of them I can give a score to every sentence and at last I get a raw score. After that all the scores which was getting by scoring I was used “F” test (ANOVA) method for statistical analysis of the present study. For this study we can use 2x2x2 experimental design. The results and discussion of Self-Concept, Adjustment and Mental Health among students of different faculties are given in various tables and graphs in detail.

Key Words: Self-Concept, Students, Adjustment, Mental Health

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