List of Abbreviation

AACVPR: American Association of Cardiovascular & Pulmonary Rehabilitation
ACC: American College of Cardiology
ACS: Acute Coronary Syndrome
ACSM: American College of Sport Medicine
AHA: American Heart Association
BMI: Body Mass Index
CABG: Coronary Artery Bypass Graft Surgery
CAD: Coronary Artery disease
CO: Cardiac Output
CHD: Coronary Heart Disease
CR: Cardiac rehabilitation
CVD: Cardiovascular Disease
DES: Drug Eluting Stent
HDL: High Density Lipoprotein
HRQOL: Health Related Quality of Life
HRR: Heart Rate Reserve
HTN: Hypertension
LDL: Low Density Lipoprotein
LVEF: Left Ventricular Ejection Fraction
MCS: Mental Composite Score
MET: Metabolic Equivalent
MI: Myocardial Infarction
PCI: Percutaneous Coronary Intervention
PCS: Physical Composite Score
RHR: Resting Heart Rate
RPE: Rating of Perceived Exertion
SF-36: Short Form Health survey
THRR: Target Heart Rate Range