ACKNOWLEDGEMENT

First and foremost, I would like to thank The God who helps me in every walk of life and pray to bless me always.

I take the opportunity to extend my gratitude to my supervisor Dr. Jaowad Ali, chairman, Department of Physical Health and Sports Education, A.M.U., Aligarh, for his constructive criticism and invaluable guidance for the successful completion of the study.

I am immensely indebted to Prof. Akbar Husain, Department of Psychology, A.M.U., Aligarh, for providing all sort of help, encouragement and motivation.

I am privileged to express my deep sense of gratitude to Dr. Sayyid Ahsan, Reader, Department of Islamic Studies and Provost, Allama Iqbal Hall A.M.U., Aligarh, for his encouragement and invaluable help in completion of this thesis.

I express my sincere thanks to my beloved teachers of the Department of Physical Health and Sports Education, AMU, Aligarh for their valuable help and motivation towards completion of this work.

I am greatly indebted to Mr. S. Tarique Murtaza who bore all the pains to see this work completed.

My sincere thanks are due to my friends M/S Mr Asim Rizvi, Amjad Ali, Mohd Shakeel Ahmad, Mr. Ekramullah khan,
khan and Dr. Ghazanfar Ali Khan for providing all sorts of help and cooperation required to pursue the present research work.

M/S M. Naseeb, M. Shoaib, M. Asif, Ahmad Nasir, Mohd Imran and Abbas who helped in the collection and analysis of data and proof reading, deserve for my special thanks.

I would fail in duty if I do not acknowledge the wholehearted support extended to me by Mr. Anwar Ahmad Khan, UDC, Mr. Ashok Kumar Singh, JLA and other office bearers of the Department of Physical Health and Sports Education for their cooperation and encouragement.

I am also thankful to M/S Helal Ahmed and Nehal Ahmed of Click 'n' Go, computer services, Jamia Urdu, Aligarh, for typing the thesis within record time.

Needless to mention, I owe my regards to all my family members, especially my parents for their invaluable help and sacrifices they made towards accomplishment of the present work.

In the end the investigator place on record his sincere thanks to all physical education teachers and coaches who acted as subjects for present investigation and provided their candid responses on the questionnaires for the study within the stipulated time.

Mujahid Ali