PREFACE

Man is a multi-facet personality. This personality emerges from his rational capacity and his perceived perceptions of himself. The perceived perception of his own self constitutes his self-perception. This is the only characteristic that distinguishes man from the other animals. Self-perception means the capacity of objective self-appraisal, awareness of one's assets and weaknesses and steering one's activities accordingly. This self-perception largely determines his overt behaviour and emerges to be one of the important influences in shaping the personality of the individual. Therefore it becomes imperative to study the self-perception of an individual in order to study his personality dynamics. But the area of self-perception is still considered to be a tricky one in the field of personality. This is mainly because the methods of measuring self-perception are still in the process of development. Self-perception even though at the root of understanding the human behaviour, it is not very easy to study scientifically because it is highly subjective. The research worker faces the limitation of corroborating the subjective data with other objective checks. It is only recently with the results of ROGER'S Non-directive psychotherapy which emphasizes the self and its development that this area has gained recognition in the field of personality. Even then most of the area still remains unexplored.

Inspite of this difficulty, in the present study an attempt has been made to study the self-perception of the college going students of the Gujarat and Maharashtra states. The
research worker has selected the normal college going population to study their self-perception and to find out whether there is any correlation between self-perception and adjustment and self-perception and achievement level of the students in college. Once the proper approach to the study of self-perception is established for the college going students of Gujarat and Maharashtra, the same approach may be extended to study the self-perception of the college going students from the other states of India.

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The results cannot be taken fully established because this study is conducted on a purposive sample of a limited size and in limited time. It is therefore necessary to re-evaluate the results on a broader sample before giving their final significance.