APPENDIX - 5

How Am I Doing?

Checklist of favourable symptoms:

Members address me no more formally than others in group.
Members frequently express real feelings.
Group starts itself at beginning of each meeting.
Sometimes members openly disagree with me.
Members address their remarks to each other rather than to me.
Group has a tendency to want to remain after the time limit has been passed.
Group makes decisions without depending on me as the final judge.
Members seem to know what goals they seek.
Members speak up without asking for my permission.
Members do not count on me alone to handle "problem members."
"Bright ideas" originate with many members of the group.
Different individuals frequently lead the group's thinking, discussion and procedure.
Members seem to listen to each other without interrupting.
Conflicts and disagreements frequently arise, but people try to understand the nature of these and deal with them.
Members often accept insights and information from other members.
There is an absence of hostility toward me.
Members draw out and question each other to better understand their contributions.

- From the pamphlet "How to lead Group Discussions"