The study presented here is the result of my research investigation. It covers a period of investigation from July 1965 to July 1969. The specific purpose of this study is the construction of a scale for the measurement of marital adjustment of women in India. The scale is constructed in Gujarati and is developed on Gujarati speaking population. An attempt has also been made to study some factors associated with marital adjustment and maladjustment.

We can get a bulk of literature on marriage written from different points of view and by different authors. There are also various crude methods adopted by self-styled by social workers and marriage counsellors to judge the marital adjustment of any couple. But no scientific attempt had been made in India to study the factors affecting marital adjustment and maladjustment. The investigator also found a necessity of a scale to study the problems of marital adjustment. Thus the present study emerged with the above objectives in view. The practical implications of this study are consequently manyfold. This scale will certainly enable us to assess the marital adjustment of Hindu women.

This is the author's claim of original contribution viz. the construction of a scale for assessing marital
adjustment. It is also be mentioned that the method adapted in this work is a rigorous and scientific one.

The conclusions into this study may not be final on the subject. May be, inspite of conscious efforts on the part of the author, to study the problem as scientifically as could be done, certain aspects or points of view are ignored in this study. The author, on her part, is fully conscious that she has made the best of the time and resources at her disposal.

The author will find her labours fully rewarded if the present study induces others to undertake similar studies of other aspects of married life of Hindu women, a problem which needs detailed and specialized studies at the hands of scholars.

Various studies, contributing directly or indirectly to this aspect of marriage, have been made by scholars; especially in western countries. Intellectual stimulation received from these studies is, indeed, great. One can not therefore fail to acknowledge one's indebtedness to these pioneers in the field, though they are too indirect and indefinite for specific reference.

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