The modern age has witnessed the tremendous and accelerating advance in science and technology which have led to unprecedented progress and simultaneously an increase in the problems of mankind quite complex and varied. These problems demand immediate solutions, if mankind has to live satisfactorily and peacefully. The solutions of these problems appeared to depend more upon a better understanding of individual or group of individuals in the society. Further, the stress and strain of modern day to day living is reflected in amounts of varied tranquilizing drugs, being used of sleeping pills, of large scale addictions etc. All these have demonstrated the increasing need for clinical services for majority of people in various kinds and degrees.
The further development of these services require the different tools for diagnosis suitable for normal as well as abnormal adults and adolescents. In view of this, the present scale hope to feel to some extent the gap in this regard.

II- USES

Following are some of the uses of this scale. It may be successfully used:

1. For pin pointing the areas of personality difficulties,
2. For screening out the people requiring various levels of psychotherapeutic help,
3. For locating and identifying the areas of conflicts,
4. For Psychological counseling, and
5. For various research purposes.

III- DESCRIPTION

It is a self-administering scale consisting of 100 items. The administration of the
scale requires about 30 to 40 minutes. The required
instructions are given on the first page with necessary
illustrations for filling it. The examinees are required
to recall their responses either by encircling the
'Y' or 'N' as the case may be. It yields ten subscores
and a total scores. The sub areas are as under:

1. Inadequacy,
2. Ego centricity,
3. Over protected emotional sensitivity,
4. Submissiveness,
5. Depression,
6. Worry and Guilt proneness,
7. Angic tension,
8. Ego weakness,
9. Indecisiveness and rigidity, and
10. Psychosomatic and other symptoms.

The detail explanation of these areas
are explained in chapter...
IV. ITEM POOL

A total of about 350 items were drawn from the survey of existing literature, current psychological tests—Indian as well as foreign—and discussion with the practises experts. The item pool was carefully analysed by the present author for its repetitions, ambiguities, and clumsiness. It was also examined by the linguist. The experts also checked items for its relevance to the purpose and scoring for neuroticism. Thus 251 items were found suitable for further analysis.

V. ITEM ANALYSIS

The item analysis was carried out on a sample of two hundred individuals, male and female, belonging to various institutions. The item for final form was selected on the basis of their internal consistency indicated by correlation between item scores and total scores. The index of difficulty was considered as percentage of individuals responding in one direction either by encircling ‘Y’ or ‘N’
The discrimination index was calculated with
Chi-square test between lower and upper 25 percent
of the group.

Only 100 items were selected for the
final form of the scale. These items were divided
into ten different areas. Each area consisted of ten
items.

VI - THE LAYOUT OF THE SCALE

The layout of the scale is simple and
clear. It is printed on a thesis size two fold paper.
At the top of the first page, identifying information
is asked. At the bottom score box is given for entering
scores for each sub-scale and total scale,

In the middle necessary instructions are
given for entering the responses with illustrations for
the scale. On page numbers 2, 3, and 4 items are printed
in such a way that every first in ten represents first
area i.e. 1, 11, 21 and so on. In the same way every
second in ten -2, 12, 23 and so on represents second area.
similarly for the other areas.

VII- RELIABILITY

The reliability of the scale is determined by split-half and test-retest method and equivalent form. The necessary statistics are given in the appendix-1, table numbers 1 to 3 on page number 116 to 118.

a) Split-Half Method:

In appendix A, the table numbers on page number indicate the statistics for reliability of the subscales and total scales. They are fairly well.

b) Test-Retest Method:

In appendix A, in table number 4 & 5 on page number indicate coefficient of correlation for the sub-scales and total scale separately. The time interval between the two administrations is one week. They are significant.

c) Equivalent Form:

The author has developed the equivalent form of this scale. The reliability of the scale was
The attempt has been made to determine the internal as well as external validity of this scale by using various criteria.

A) **Internal Validity**

The internal validity of the scale was determined with the help of the assessment of internal consistency by calculating coefficients of correlation between the item scores and the total scores, and calculating intercorrelations among sub-scales.

By and large, the internal reliability of the scale was determined through the process adopted for item analysis and selection. Its further reliability has been determined by calculating inter-correlations among the subscale. The data is reported in table number 13 in appendix A1 on page 128.
B) **External Validity**

The external validity was determined using various external criteria. They are as under:

(i) Correlating the scores with the scores on other tests, and
(ii) Use of contrasted groups.

(i) **Correlation with other tests**

The scale was correlated with Rorschach n-scale and extrovert-introvert scale and mental health analysis questionnaire. The necessary statistics are reported in Appendix A, table number 10, 11 & 12 on page 125, 126 & 127.

(ii) **Contrasted Groups**

Here the scale is given to the groups of criminals and normals, the groups of individuals awaiting final deposition of their case files and normals and the neurotics and normals. They are reported in the table number 14 & 15 given in appendix A1.

**IX- SCORING**

The scoring key was developed with the
help of experts. It is given in appendix A on page 199. The sub-scales score consist of counting one for marking each item indicated in the key. The total score consists of summation of scores of all sub-scales. The score range is from zero to hundred. It is scored for neuroticism.

IX. FORMS

The norms are determined on a sample of 1560 male and female students studying at various levels of education in different institutions. They are given in Appendix A in the table numbers 264-47 on page 195. Norms are given in terms of centile and percentile rank in the rounded value.

X. INTERPRETATION

The possible minimum score is zero and maximum score is one hundred. Higher the score higher is the manifestation of neurotic trait.

The interpretation of scores either of individual or group of individuals starts with