PROBLEM
- Problem
- Importance
- Case
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**PROBLEM:**

The survey of literature about psychology indicates that there are very few tools which could be employed in the diagnosis of the personality. Hence almost none of the practicing psychiatrists or clinical psychologists use psychological tests during their diagnosis. By and large, they depend on interview. As interview is a time-consuming procedure, use of psychological tests, at least for the screening purposes, could save much of the time. In view of this, the present author has attempted to develop one such scale.

The problem of this present study was to develop a neuroticism scale in Gujarati to be used for the normal as well as abnormal adolescents and adults.

**Importance:**

1. The neuroticism scale will provide one of the important tools for quick assessing the extent of neurotic behaviour and problem requiring immediate attention.
2. The neuroticism scale scores will discriminate between the normals and neurotics or individuals having severe life problems but also individuals having varying in degrees of neurotic trend in individuals selected or known as normals. Thus it could be used for variety of purposes.

Uses:

There are several uses of this scale as mentioned below:

1. It can be successfully used for pin pointing the areas of personality difficulties.

2. It helps in screening the people requiring various levels of treatment of psychotherapy from time to time.

3. As this scale helps in locating the areas of conflicts and difficulties, it could be fruitfully used for psychological counselling.

4. To some extent it may be used to plan out the community project for solving and resolving problems on a large scale.
5. It could be used to assess the results of any mental health programme or similar programme or outcome or the effectiveness of the psychotherapy(s).

6. It may be employed for various research purposes.