We do not have any standard measurement to assess the normal personality characteristics of an individual; nor do we have any source to screen the person to detect him as a normal individual for particular culture or society.

In this situation lies a latent challenge to prepare one such instrument which can detect the normal characteristics of personality. Besides, there is also need of bridging the gap between laymen's expectations and notions in connection with normality or mentally healthy with the psychological concepts. In this study an attempt is made to construct such a bridge. The study started with an experience survey to know experts view regarding the criteria of a normal person. What are the behavioural characteristics that describe a normal person. The mature of these expectations is another point worthy of consideration.

Some aspects of mental development, mental and social maturity, adjustment, mental health, and the units which can measure their normal personality characteristics have been shown in this study. This has made the measurability of criteria of normal personality possible. The scale is limited to only adult group 20 to 45 years of age. The norms have been prepared for the urban educated middle-middle and upper middle socioeconomic population of Gujarat and also other residents of similar culture.