Acknowledgements

This successful accomplishment, from its conception to completion, has been to me, a journey perennially reinforcing:

"Woods are lovely dark and deep
But I have promises to keep and
Miles to go before I sleep,
Miles to go before I sleep!"

Any completion up to our satisfaction owes its existence to efforts, not by one, but favors by many. An utterance of appreciation will certainly be not less than the best to reciprocate my sincere thanks to all that is done by a crew that has helped me sail my boat through such a journey and this eventual destination.

A successful outcome in any research endeavor attributes itself to the selfless guidance of mentor. I express my deep appreciation to my esteemed guide and mentor Dr. Dev D. Santani Sir, Professor and Head of Department of Pharmacology, L. M. College of Pharmacy, for his fatherly attitude, all time concern and interest shown for my work during the whole academic span, erudite guidance, untiring inspiration, exemplary precision, constructive criticism, total understanding and ceaseless moral support. His kind nature and friendly attributes deserves special thanks. Working under his guidance had been a rich experience. His precious advice and cooperation enabled me to clarify my vision and understanding of this research topic. I am highly obliged to him for providing this platform of opportunity to prove my potential.

With immense pleasure and profound sense of reverence, I extend my deep gratitude to Dr. V.N. Shah, Sterling Hospital, for all he has done for this successful expedition. His guidance has evolved my understanding of the clinical aspects of this leaning. His everlasting amazing enthusiasm has been an uninterrupted source of motivation.

Words cannot express my gratefulness for the cordial support extended by Dr. R. K. Goyal Sir for the understanding as well as interest provided for this work. My heartfelt thanks to him!

My special love and remembrance to Dr. Sunita Goswami for her friendly hold that has always encouraged me to fight all the odds all the way through my PhD. I will always remain extremely indebted to her for her selfless interest, sincere concern and optimistic approach and for all she has done for me.

I express my gratitude and thanks towards Dr. Hemant Malhotra and the entire team of Sterling Hospital, for providing the platform for the successful execution of
this work. A special note of thanks to Dr. Jitendra Sanghvi for his continuous support and interest in my work, and his encouraging friendly attitude that has always boosted me in my work. A special mention for the sweet interactions & support, the friendly stand and inputs provided by Dr. H. D. Trivedi Sir and Dr. Amit Tyagi through out the study.

My genuine thanks to Sandip, Jigisha, and Jivani Sir for the wonderful time we shared. A special mention admiration to Ashutosh for his support in this work.

My sincere thanks to Dr. M. C. Gohel for the interest and trust he has shown in my progress during the entire pharmacy career and for all the aids he has provided as the Principal of this institution.

A special mention to Dr. Raja Bhatt, Dr. Anita Mehta and Dr. Parloop Bhatt for the lovely little interaction, conversations and encouragement. I would take the opportunity to thank all my professors and the non-teaching staff of the undergraduate as well as post graduate courses due to whom I have reached this destination.

A lovely thanks to the unique and wonderful people Bhavil, Anil, Harshadbhai, Haresh, Hardikbhai, Rameshbhai and many more. It has always been their love, attention and trust in me that made me survive through various wildstorms even when they were not essentially with me.

A warm note of recognition to Dipakbhai (Don) for his continuous concern, optimistic encouragement, prompt guidance and constructive criticism in all my efforts.

I am and I will always be infinitely indebted to my parents for their limitless love ultimate care and strong hold up in all my otherwise trembling times. PAPPA: the most simple hearted, God's angel to me who has always showered his tenderness and interest in all I have done. I salute him for his unselfish boost up in all my troubles and confusions. MOM: The loveliest person to me on this earth, my real ideal. Perhaps words can't just be enough to express the ultimate dedication and overwhelming enthusiasm she poured in fulfilling whatever I have pointed to. My disturbed state has always found satisfactory stand in her words. Hats off!!! to my dear mom. I dedicate this success solely to her.

A lovely thanks to the unique and wonderful people My Kaka and Masi, for their friendly hold that has always encouraged me to fight all the odds all the way through my PhD. I will always remain extremely indebted to them for their selfless interest, sincere concern and optimistic approach and for all they have done for me.
I am happy to have Chetan-Meera as my dearest bhai-bhabhi with the naughty little Arpit and Bina—Rajesh as my dearest sister-brother in law, their love and their desire of the best for me always. Special notes of mention to Kalgi, all my in-laws and all other family members for their wholehearted support and interest in my activities.

Meghna: Vital love, concern and fondness of my dear wife have made me trust my confidence and myself a bit more healthily. She has dreamed my ambitions, valued my emotions and treasured my thoughts.

Lastly, but not least, I thank all my study subjects and many more who have helped and blessed me in this achievement directly and indirectly and finally, I thank GOD for providing me all the strength to fight the odds, stick to right and sustain my life in the intricate epoch.

Thanks !!

Nilesh Pandya