Annexures
Impact of Television Viewing on Health and Behaviour of Children and Teenagers
Comparative Study of Audiences of Patiala City & Rajpura Town

The purpose of this questionnaire is to collect information relating to television viewing habits of Children and Teenagers

For Children and Teenagers
Between Age Group 7-19

Part I

1 Personal Details

a. Name: __________________________________________________________
   Father’s name: ____________________________________________
   Mother’s name: ____________________________________________

b. Contact: ______________________________________________________

c. Age: _________________________________________________________

d. Gender: ________________________________Male/Female

e. Educational Qualifications: ________________________________

f. Family Structure: ________________ (Nuclear / Joint Family)
Part II

Please answer the following questions as response to your television viewing and its impact.

1. How do you get television signal at your home?
   a) Through DTH
   b) Through cable

2. For how long do you usually watch television?
   a) One to two hours
   b) Two to three hours
   c) More than three hours

3. Do you discuss the content of television with your family members? (If yes, with whom do you discuss television content)
   a) Father
   b) Mother
   c) Brother/sister
   d) Friends

4. What category of programmes do you usually watch?
   a) News based programme
   b) Educational programme
   c) Entertainment based programme
   d) If any other, please mention

5. How do you spend most of your leisure time?
   a) Reading
   b) Listening to Radio
   c) Watching TV.
   d) Surfing on net
   e) Playing
   f) Spending time with family

6. Do reality shows inspire you?
   a) Yes
   b) No
   c) Some shows (please mention the names)
7. Do you imitate and mimic the action scenes or characters you watch on television?
   a) Yes
   b) No
   c) Some of them

8. Do you think watching television make you more inquisitive and curious about dealing with things?
   a) Yes
   b) No
   c) To some extent
   d) To large extent

9. Do you think watching television make you more aggressive and destructive?
   a) Yes
   b) No

10. Do you find television as a better medium of gaining knowledge?
    a) Yes
    b) No
    c) To some extent
    d) To large extent

11. Has watching television increased your level of awareness?
    a) Yes
    b) No
    c) To some extent
    d) To large extent

12. Do you think watching television make you more conscious about your social status?
    a) Yes
    b) No

13. Do you feel television viewing can play the role of informed elders?
    a) Yes
    b) No
    c) To some extent
    d) To large extent
14. Has watching television affected your studying pattern?
   a) Yes
   b) No
   c) To some extent
   d) To large extent

15. Do you think television has increased the number of job avenues for you?
   a) Yes
   b) No

16. Do you feel discomfort or had hard time in paying attention in studies?
   a) Yes
   b) No

17. Has television watching affected your participation in extra curricular activities?
   a) Yes
   b) No
   c) To some extent
   d) To large extent

18. Do you think you have started feeling lonely or upset as a result of watching television?
   a) Yes
   b) No

19. Does products advertised on television interest you more?
   a) Yes
   b) No
   c) To some extent
   d) To large extent

20. Has watching television affected your sleeping patterns?
   a) Yes
   b) No

21. Has your weight been increasing constantly and more than other children of your age group?
   a) Yes
   b) No
22. How often you fall ill?
   a) Frequently
   b) Rarely

23. Do you feel eating junk food excessively while watching Television?
   a) Yes
   b) No

24. How often you complaint about any pain or discomfort?
   a) Frequently
   b) Sometimes
   c) Once in a while

25. Do you participate in outdoor activities?
   a) Yes
   b) No

26. Do you find television as a facilitator for getting answers for tricky issues like sex education?
   a) Yes
   b) No
   c) To some extent
   d) To large extent
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Survey Questionnaire

*For Parents*
(To be filled for children between age group of 4-7 years)

Part I

1. Personal Details

a. Name: ____________________________________________

b. Contact: __________________________________________

_____________________________________________________

_____________________________________________________

c. Gender: ____________________ Male/Female

d. Educational Qualification: ____________________________

e. Profession: _________________________________________

f. Marital Status: ______________________________________

g. Family Structure: ________________________ (Nuclear / Joint Family)

h. Annual Family Income: ________________________________

i. Age of the Child: ________________________________

j. Gender of the child: ________________________________ Male/ Female
Part II

Please answer the following questions on the basis of your personal experience.

1. How do you get television signal at your home?
   a) Through DTH
   b) Through Cable

2. For how long do you watch television?
   a) One to two hours
   b) Two to three hours
   c) More than three hours

3. For how long do you watch television with your children?
   a) Less than one hour
   b) One to three hours
   c) More than three hours

4. How many hours according to you does your child watch television?
   a) 1 to 2 hours
   b) 2 to 3 hours
   c) more than 3 hours

5. What types of programmes does your child usually watch?
   a) News based programmes
   b) Educational programmes
   c) Entertainment based programmes
   d) If any other, please mention

6. What kind of shift in behavioural patterns you have observed in your child after his/her watching television? Please tick the direction positive or negative, increase or decrease by using the letters
   a) P-Positive
   b) N-Negative
   c) I – Increase
   d) D - Decrease
7. Has your child started taking less interest in extracurricular activities as a result of his/her watching television?
   a) Yes
   b) No
   c) To some extent
   d) To large extent

8. Do you find your child complaining about decreased concentration while studying as a result of his/her watching television?
   a) Yes
   b) No

9. Do you think your child has started feeling lonely, acting nervous or upset as a result of his/her watching television?
   a) Yes
   b) No
   c) To some extent
   d) To large extent

10. Has your child stopped responding to your calls while watching television?
    a) Yes
    b) No

11. Do you feel that your child has been watching television to avoid your presence or some task?
    a) Yes
    b) No
    c) Sometimes

12. Do you find your child becoming more interested in products advertised on television?
    a) Yes
    b) No
    c) To some extent
    d) To large extent

13. Do you find television as a facilitator for discussing tricky issues like sex education with your child?
    a) Yes
    b) No
    c) To some extent
    d) To large extent
14. Has watching television increased awareness level of your child?
   a) Yes  
   b) No  
   c) To some extent  
   d) To large extent

15. Has watching television made your child more conscious about his /her social status?
   a) Yes  
   b) No  
   c) To some extent  
   d) To large extent

16. Do you feel television viewing has pushed your child more towards uncalled for sexual patterns?
   a) Yes  
   b) No  
   c) To some extent  
   d) To large extent

17. Do you feel television viewing can play the role of an informed elder?
   a) Yes  
   b) No  
   c) To some extent  
   d) To large extent

18. How often your child complaints about any pain or discomfort?
   a) Frequently  
   b) Sometimes  
   c) Once in a while

19. Has your child weight been increasing constantly and more than other children of his/her age?
   a) Yes  
   b) No

20. Has sleeping patterns of your child been affected due to his/her watching television?
   a) Yes  
   b) No  
   c) To some extent  
   d) To large extent
21. How often your child falls ill?
   a) Frequently
   b) Rarely

22. Has watching television made your child more health conscious about his or her health?
   a) To some extent
   b) To large extent
   c) No perceptible change has occurred in his/her attitude towards health

23. Do you feel that your child eats junk food excessively while watching television?
   a) Yes
   b) No

24. Do you think that television as a medium of educating children is safe?
   a) Yes
   b) No
   c) To some extent
   d) To large extent

25. Has watching television affected studying pattern of your child?
   a) Yes
   b) No
   c) To some extent
   d) To large extent

26. Has your child become more aggressive and destructive?
   a) Yes
   b) No

27. Has watching television increased violent behaviour of your child?
   a) Yes
   b) No
   c) To some extent
   d) To large extent

28. Has your child imitate and mimic the characters on television?
   a) Yes
   b) No
29. Has your child stopped participating in outdoor activities?
   a) Yes
   b) No
   c) To some extent
   d) To large extent