A VIRTUAL COPING WITH STRESS AND MANAGEMENT PROBLEMS
IN EXECUTIVES OF GOVERNMENT AND PRIVATE SECTORS OF KANPUR,
UTTER PRADESH (BANKING AND HOSPITAL SECTOR)
A
THESIS
SUBMITTED TO THE
SHRI JAGDISH PRASAD JHABARMAL TIBREWALA UNIVERSITY
FOR THE DEGREE
OF
DOCTOR OF PHILOSOPHY
IN
MANAGEMENT
BY
SACHI PARMAR
REGISTRATION NO.: 10711052
UNDER THE GUIDANCE OF
Dr. MAHESH SINGH RAJPUT
REGISTRATION NO.- JJT/2K9/CMG/733

DEPARTMENT OF MANAGEMENT
SHRI JAGDISH PRASAD JHABARMAL TIBREWALA UNIVERSITY,
VIDYANAGARI, JHUNJHUNU, RAJASTHAN – 333001.