PREFACE

Learning and memory are integral part of life, without which one can not even think of moving further. The life would be static without this. These days even the intelligent people suffer from memory loss because of an increased stress and competition. This has resulted in an increase in the learning disabilities. There is a need to look for an agent that can help as a remedy of such a problem. Keeping this in mind, this piece of work entitled “EFFECT OF VARIED NEGATIVE AIR IONS EXPOSURE ON LEARNING AND MEMORY AMONGST THE LEARNING DISABLED” was designed.

With a profound sense of gratitude and gratefulness I express my thanks to my supervisor Dr. Promila Batra, Professor, Department of Psychology, M.D. University, Rohtak, under whose guidance I received in giving this thesis a concrete form of reality. She always encouraged me and her timely help in matters concerning my studies in general and this piece of investigation in particular during the course of this work, enabled me to complete this.

I acknowledge my sincere thanks to Dr. Rajbir Singh, Professor, Department of Psychology, M.D. University, Rohtak for graciously providing me all the necessary equipment for conducting the experiment. I would be failing, if I don’t express my sincere thanks to Dr. Sunita Malliotra, Head, Dept. of Psychology for her kind cooperation.

I am also thankful to Mr. Rajiv Malik, Director, Shri Jyoti Parkash Sr. Sec. School, Rohtak who permitted me to conduct my study in various branches of his school.

I am also grateful to the teachers and students of the school who actively showed interest in the experiment and co-operated with me in my study. The
subjects had to devote a lot of time. Even the teachers had to spend quite some time in filling the 400 questionnaires.

I express my special thanks to the Librarians of M.D.U., Rohtak; Delhi University, Delhi, National Medical Library, Delhi, NCERT, Delhi for their cooperation while collecting the relevant literary information.

Last but not the least I wish to express thanks to my family members and friends.

(SAVITA AHLAWAT)