Human Immunodeficiency Virus (HIV) epidemic began in the early 1980s, which is continuously increasing day by day. Acquired Immunodeficiency Syndrome (AIDS) is a viral disease, which is highly disabling, hence, requires people to cope with various opportunistic infections, social stigma, poor quality of life, physical limitations and psychological distresses. These problems can also adversely affect the treatment of HIV infection primarily through under-mining adherence and taking medications. Different people suffering from HIV/AIDS adopt different patterns of coping to cope with disease related complications. Active coping leads to better condition, whereas, maladaptive coping leads to poor quality of life and psychological distress. Many clinical patterns occur in HIV/AIDS patients as a result of different disease related complications. Coping is an important aspect, which can have a correlation with clinical patterns. Keeping this in mind, this piece of work entitled “A Comparison of the Clinical Personality Patterns amongst HIV and AIDS patients Adopting Emotion Focussed and Problem Focussed Ways of Coping” was designed.

A journey becomes easier when you travel together. Interdependence is certainly more valuable than independence. While approaching to accomplish a milestone in ones life, all those individuals, who meet all along the way and always extend their selfless and earnest helping hand, warrant the obligatory gratitude that I also owe to all such of them and proudly feel to express my gratitude from the core of my heart and soul for their nice generosity.

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Place: Rahtak

Date

(Asha)