PROBLEM

&

HYPOTHESES
Adolescence is specifically a turbulent as well as a dynamic period of one's life. It has been identified as a period in which young people develop abstract thinking abilities, become more aware of their sexuality, develop a clear sense of psychological identity and become more independent. Adolescence is a period characterized by rapid physical, cognitive and social changes, which are fundamental for adult life. It is the time when adolescents need maximum attention and care from their parents. Family is the first basic environment where child feels, observes and learns the emotional relationships. So, home environment is the basic and essential nurturing support system for all the individuals. Home is the social-biological unit that exerts the greatest influence on the development and perpetuation of the individual's behaviour. The home environment and family process provide a network of social, physical and intellectual forces. Home environment is important in terms of ensuring the child to overcome the emotional barriers. The quality environment provided at home is very important as it determines the physical as well as psychological health of individuals throughout their lives. The better quality of home environment leads to more chances of success in life. Researchers and theorists have increasingly recognized the role of home environment for the overall development of the children especially the adolescents. Adolescence is a period when the behaviour gets influenced highly by emotions and this in turn affects the psychological/mental health. Therefore a great need is felt to explore the relationships between home environment and self confidence, self esteem and general well being amongst adolescents.

Keeping in view the wide implications and impact, it was thought worthwhile to investigate this problem.

Problem

To explore the relationships between home environment and self confidence, self esteem and general well being amongst adolescents.
Objectives

The present study was undertaken with the following objectives.

1. To study the relationship between home environment and self confidence amongst adolescents.
2. To study the relationship between home environment and self esteem amongst adolescents.
3. To study the relationship between home environment and general well being and its dimensions amongst adolescents.

Hypotheses

The following hypotheses were formulated.

1. There would be a significant relationship between home environment and self confidence amongst adolescents.
2. There would be a significant relationship between home environment and self esteem amongst adolescents.
3. There would be a significant relationship between home environment and general well being and its dimensions amongst adolescents.

With this background one may now proceed towards the formulation of design and methodology for study.