CHAPTER - 3

OBJECTIVES AND HYPOTHESES OF THE STUDY

Due to globalization, the trends in the society are changing and youth are the main victims of this change. Not much attention is paid in the Indian society towards the relationship between anger expression and subjective well-being of the youth. This study intends to highlight the manner in which anger expression and subjective well-being are correlated, this may help in the understanding of anger expression and the subjective well being of individuals in a scientific and pragmatic manner. The problem of the study is entitled as, "ANGER EXPRESSION AND WELL BEING: A STUDY AMONGST COLLEGE STUDENTS".

In view of such a problem, the present study is centered around the following objectives:

I. To study the gender differences in anger expression in college students.

II. To study the gender differences in psychological distress and self esteem - the measures of psychological well being.
III. To study the relationship between psychological distress, self-esteem and anger expression (i.e. AX/EX, AX/In, AX/Out and AX/Con).

HYPOTHESES

The following are the hypotheses of the study:

I. There is a possibility of obtaining differences in anger expression in male and female college students.

II. Male and female college students would differ on measure of self-esteem.

III. There is a likelihood that females college students would score more on psychological distress than their counterparts.

IV. There is a possibility that psychological distress would be differently related to three types of anger-expression (i.e. AX/In, AX/Out, AX/Con.)

V. Self-esteem would be differently related to three types of anger expression (i.e. AX/In, AX/out, AX/Con).