PREFACE

Throughout the history of mankind there is hardly any country or culture, which has not encountered problems with the abuse of drugs. The choice though for a particular community was determined by its geographical habits, the nature of community life, the historical era, the availability of drugs, and the occasion of use. Drugs were earlier abused only by adults but now they are being abused by younger age group also.

Drug is a chemical substance which affects bodily function, mood, perception and consciousness. In the present state of our society, the problems of average individual have intensified. Now a days individuals are more tense and stress ridden in every sphere of life and need adjustment. Adjustment in life in fact needs accommodation of oneself to fit in with certain demands of environment. The kind of family in which an individual grows, the health he is keeping, his social and emotional adjustment, his adjustment with his job and indeed with all people with whom comes in contact with, leave their impact on the adjustment. But if individual feels insecure, emotionally charged, devaluate himself, has unrealistic life goals, cannot bear criticism, has anxiety, depression and stress and looses identity, cannot cope effectively with himself and ways of life, then he becomes maladjusted. He tries to seek easier ways to overcome the stressful situations of life. In order to escape from realities, he takes to the easy path of drug abuse.
Drug abuse can be considered as a symptom of different type of underlying problems in different spheres of life. Drug abuse has become one of those intense problems which requires serious attention and quick action, because drug abuse can be harmful for the individual, family members and the society at large. Insipite of its national importance, there are very few studies in this area in India. There has been little attempt to study drug abuse vis-a-vis adjustment in various spheres of life. In view of this apparent gap. The present study was conducted on drug abusers and non drug abusers with respect to drug abuse.

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