Preface

Any injury or illness in human life is a major event. This does not only produce bodily changes but effects the mind of sufferer and brings about changes in the society too. The development of psychosocial disorders following an illness or injury is a expected phenomena but even than this is the least explored field and very little efforts have been made in this regard in spinal cord injured patients.

The importance of any scientific research lies in its application to welfare of humanity. The present study with the title "Assessment of psychosocial factors among spinal cord injured patients" is an effort in this regard with the aim of objective assessment of psychosocial factors of depression, anxiety and adjustment. The exploration into psychological effects of an illness i.e. spinal cord injury will not only broaden our field of concern to SCI patients which may also prove useful in integrated and total rehabilitation of SCI patients.

The present study has been accomplished by the combined efforts of a number of people.

It is my distinct honour and proud privilege to acknowledge my heartiest gratitude to my guide, Dr. (Mrs.) Ravinder, Lecturer, Deptt. of Psychology, M.D.University, Rohtak for her kind interest, limitless patience, encouragement, noble guidance to me, at all stages during the course of study.

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This work is dedicated to the paraplegic patients who formed the basis of this study and their attendents and therefore the debt I owe to my patients and their attendents is ever supreme and can never be repaid in full.

POONAM TAYAL