CHAPTER-III
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OBJECTIVES
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Psychological preparedness is concerned with processes and capacities such as knowledge, anticipation, recognition, thinking, feeling, decision making and management of own thoughts, feelings and action. It involves the cognitive, emotional and motivational aspects of a person. In most of the research in the area of disaster management the concept of psychological preparedness is used frequently. Psychological preparedness is multi-faceted concept which has a cognitive level, emotional level and instrumental level (Mashiach, R.T. & Dekel, K., 2011). A social-cognitive model of preparedness suggests three phases of natural hazard preparedness: First concern motivational phase, second concern intention formation and third concern intention and actual preparedness. (Paton 2003) No research focuses on individual psychological preparedness for day-to-day short term and long term life events, episodes and stages.

In view of the above, the following problem was formulated.

Aim: - To refine the construct of psychological preparedness and to construct a test measuring psychological preparedness in adults.

Objective

The view of the problem stated above, the present research seeks to achieve the following objectives:

I. Refinement of the construct of Psychological Preparedness.

II. Construction of items related to measurement of psychological preparedness for adults (Hindi).