RESULTS AND DISCUSSION

4.1 General information about the selected schools

- Type of school
- School timings
- Teacher student ratio
- Proportion of girls
- School drop-out of girls
- General facilities of the schools

4.2 General findings about Mid Day Meal

4.3 Mid day meal menus and ingredients

4.4 Nutritive value of mid day meal

4.5 Nutritional contribution of average day’s MDM towards RDA of MDM beneficiaries

4.6 General profile of MDM and NMDM subjects

- Age
- Religion
- Type of family
- Family size
- Education level of parents
 Occupation of family

 Food habits

 Family income

 Per capita income

 Dietary pattern

 Regularity in school

 4.7 Dietary intakes of MDM and NMDM subjects

 Food consumption frequency

 Average daily intakes of nutrients (MDM AND NMDM subjects) and their adequacy in terms of RDA

 4.8 Anthropometric status OF MDM and NMDM subjects

 Heights

 Weights

 Prevalence of malnutrition, based on heights and weights

 4.9 Haemogobin status of MDM and NMDM subjects

 4.10 Clinical status of MDM and NMDM subjects

 Clinical signs of nutritional deficiencies

 Clinical scores for nutritional deficiencies

 4.11 School attendance of MDM beneficiaries and NMDM subjects
4.12 Knowledge and opinion / attitude of MDM beneficiaries, parents / guardians and school personnel, regarding MDM

- Knowledge regarding MDM
- Opinion / Attitude towards MDM

4.13 Impact of nutrition counseling, using the developed booklet and C.D.

- Pre-exposure knowledge
- Post exposure knowledge, after treating with booklet alone
- Post exposure knowledge, after treating with combination of booklet and C.D.
- Gain and Actual gain in knowledge due to Booklet- C.D. combination