Decrease in the suffering of patients was noted as evidenced from symptomatic improvement, shown in the Figure 5.52. Relief of symptoms was seen from the 1st week onwards.

Figure 5.52: Improvement in signs and symptoms and investigations after the treatment

5.7.5 Adverse effects:

Patients treated with monoherbal therapy and combination therapy did not report any side effects, relapse or complications while 5(50%) patients treated with Mesalamine exhibited the relapse of the symptoms like diarrhea and flatulence after drug withdrawal.