Forgetting is a boon at times for melancholic events, but it is more of a bane. Memory is involved in each behavior. The life of a person consists of momentary experiences that may have little relation to other experiences. Without memory, there would be no learning from experiences, no intellectual functioning, and no development of language. This essential component, named as memory, is stored on the neurons in the brain. Sometimes, due to various reasons, the neurons in the brain are damaged and all the activities of the brain are affected. One such activity is related to memory. The stored information is destroyed and the new information is also not possible to be stored. Such a condition is known as dementia. The most affected areas in dementia are the cognitive functioning and quality of life. There is a need to look for an agent that can help in such a condition. Ayurveda mentions many herbs which have cognitive enhancing and quality of life improving properties. One of these herbs is Shankhpushpi. However, there is a paucity of experimental and clinical research regarding the effect of this herb on dementia. In the present study, the role of Shankhpushpi in dementia was investigated.

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