9: METHODS:

The present study was carried out in Shri Guru Gobindsinghji Government Hospital, Jamnagar with the basic aim of finding any difference between the rate of production of lactate and recovery in the COPD and in normal individuals.

17 Stable COPD patients who had clinical diagnosis from the department of chest and respiratory diseases GGGH, Jamnagar were recruited and the 17 normal individual matched with age were recruited from the physiotherapy department and other departments for the measurement of lactate test.

Full approval was obtained from the M P SHAH GOVERNMENT MEDICAL COLLEGE RESEARCH ETHICAL COMMITTEE and all participants provided informed written consent prior to their inclusion in the study.