PREFACE

The initial inspiration towards philosophical study was mooted in my mind when I was a student at Sri Ramakrishna Ashram, Puranattukara, Trichur. At that time Swami Mrdänanda was my warden and Swami Śakrănanda was the president of the Ashram. The speeches which were regularly delivered by both of them during 'Andaryogam' worked as a stimulant in my philosophical endeavour. Before entering into Ashram as a student, I was in the habit of listening to stories of Mahabharata, Ramayana etc. from my mother, which set some spiritual insights in me. During that period, the rhythmic words of the age old nursery rhyme was constantly ringing deep within my mind i.e.

"Twinkle, twinkle little star,
How I wonder what you are!!"

and this magnificent piece of poetic imagination still fascinates me very much because in it, I saw the Indian parallel for the burning quest for knowledge - 'know thyself'. Later, on the path towards philosophy I came in contact with Hamsayogi Sriyuth Balakrishnan Vaidyar, a disciple in the school of Bhairavananda Yogi. He initiated me in to the path of Hamsayoga which
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Priyadarsini Hills

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