CHAPTER – V

SUMMARY, CONCLUSIONS AND RECOMMENDATIONS
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SUMMARY:

The present study was undertaken to investigate and to unearth the potential prowess of both the female and male sportpersons of Manipur with correlations to self-concept and motivation with various components. In order to achieve the deserved level of analysis the following questionnaires were used:-

1. The Tennessee Self-Concept Scale and Questionnaire.

2. “Incentive Motivation Inventory” develop by Alderman and Wood.

For the purpose of the study 100 male sportpersons and another one hundred female sportpersons of Manipur, on various fields of games and sports, were selected as subjects. The variable components selected for their study were physical, social, temperamental, educational, moral and intellectual concept and on the other hand for the incentive motivation excellence, power, sensation, independence, success aggression
and affiliation were specifically analysed as motivational factors. The subjects specifically selected were from the sportpersons of Manipur.

The data collected was analysed with the help of 't' test and the level of significance was set at 95% confidence intervals.

The statistical analysis of the data on self-concept and motivation indicated that there was not much significant difference between the female and male sportpersons of Manipur.

To obtain the maximum standard and to reach at the maximum satisfaction of the study the mean score was taken for both the females and the males with the standard deviation, mean difference and degrees of freedom scores.

The various statistics of the components of self-concept, incentive motivation, correlations between the various component of incentive motivation, the comparative data and the confidence intervals obtained by the 't' test method was consecutively followed. Altogether six components of self-concept were dealt
with the various components of motivation which were altogether seven in components.

CONCLUSIONS:

Recognising the limitations of the present study the following conclusions were drawn:-

1. All the subjects selected from the various games and sports of Manipur for both the gender have almost all the same levels of self-concept and motivational vigours.

2. All the subjects rated the same level of achievement.

3. All the selected subjects have almost similar potentials for competitive endurances.

4. All the selected subjects have the same degree of adaptation and potentials to self-concept and motivation to changing scenarios.

5. The selected subjects do show the natural disparity at some phases of the study as apparent.

6. On some aspects of self-concept and motivation the females dominate the males and on the other aspects the males dominate the females.
7. The study had particularly concentrated on five years duration starting from 1997 to 2002 and only for selected subjects of Manipur for both males and females.

8. The statistical datas were obtained after putting questionnaires and tests.

9. The datas collected in the process were applied after careful checking.

10. The study was conducted with the help of literary guiding principles and norms.

Recommendations:

1. As the selected subjects of the study do not purely belong to any particular game or sports and hence a similar study may be conducted on the sportpersons of Manipur on only a particular game or sport for different ages.

2. The same study may be conducted by selecting national and international sportpersons of Manipur for a specified period.
3. The same study may be conducted by selecting sportpersons of only one particular game or sport.

4. The same study may be conducted by selecting subjects of two or more states of India.

5. The study may be adopted to some selected male or female subjects only for some specific age groups.