ACKNOWLEDGMENT

My First and foremost acknowledgement is to almighty God for giving me to an opportunity to achieve this academic distinction in my life and inspiration to fulfil my dreams.

I would like to record my eternal gratitude to Prof. Umed Singh, Department of Psychology, Kurukshetra University, Kurukshetra, for her supervision, valuable advice, and guidance from the very early stage of this research as well as giving me extraordinary experiences through out the work. Above all and the most needed, he provided me unflinching encouragement and support in various ways and enriched my growth as a student, as a researcher and a professor, I want to be. I am indebted to him more than he knows.

It is difficult to overstate my gratitude to the other Teaching Faculty of Department of Psychology, Kurukshetra University, Kurukshetra for encouraged me to complete this task. I also seize the medium to appreciate to non-teaching staff of my department for their co-operation.

Great deals appreciated go to the contribution of all my subjects who volunteered to be part of my research and staff members of Lady harding Medical College, Delhi, Ram Manohar Lohiya Hospital, Delhi, L.N.J.P, Kurukshetra, and Aggarwal Nursing Home, Kurukshetra for their cooperation in collecting data.

Where would I be without my family? Words are inadequate to express thankfulness to my respected parents Sh. Jiwen Singh & Smt. Nirmala Devi for their affection and specially my Kaka Anged Singh & Kaki Prem Devi. Words also can not explain the love for my nephew Tukkey.
I heartedly express the feeling of gratitude to my respected mother-in-law Smt Sheela Devi and Gyaan Devi for their blessings and constant encouragement. I would also like to mention the name of Seema, Krishan, and their lovely children Jugnu and Garv.

Whatever, I have achieved today would not have been possible without the support and sacrifices of my husband Assistant Commendent Samunder Singh. I specially thank him for his loving care, moral support, and constant motivation.

My warmth thanks are due to my sister Anjli, brother Vikas, Vikram, and Specially Sachin and also my bhabi Sonia and Pinky.

I would like to thank everybody who was important to the successful realization of thesis, as well as expressing my apology that I could not mention personally one by one.

Kurukshestra

(Parinka Devi)