PREFACE

The present anthropological research work analyzes the variations found in the body composition and physique between the urban and rural Meitei women with advancing age. Besides this, relationship between body composition and physiological traits are also examined. Representative sample of Meitei women from all the valley districts of Manipur state are included in the present study.

The thesis is divided into five broad chapters. The first chapter concerns with basic introduction in general studies along with review of literatures and brief findings on similar nature of work on different populations of Indian sub-continent conducted by various scholars. The second chapter gives a detail account of the land and people of the study area. The third chapter deals with materials and methods employed in collecting and analyzing the data. This leads us to the fourth chapter which comprises of results presented in tabular form and graphical illustrations followed by discussion of the results through comparison with previous works. The fifth chapter in the series gives in brief the summary and conclusion of the whole thesis. The last section of the thesis cites all the literatures referred and cited in the text.