ACKNOWLEDGEMENT

I would like to acknowledge and express my gratitude to the many individuals who provided support, guidance and encouragement during the course of this doctoral study. First and foremost, I thank Dr. S. Venkatesan Professor, Department of Clinical Psychology, AIISH Mysore, my research guide, who provided all the support and guidance needed, interest evinced and encouragement to carry out this research.

I specially thank Dr. Basavarajappa, Professor and Chairman, Department of Studies in Psychology. Prof. Mewa Singh, Dr. G. Venkatesh Kumar, Dr Prakash. P, Professor and BOS chairman. Dr. Kiran Kumar, Dr. Srimathi, Dr. Sampatha Kumar, Dr. Joythi.M, Department of Psychology, University of Mysore who have supported and inspired me towards developing curiosity in this research work.

I am also thankful to Dr. Lancy D’ Souza, who provided the expertise and support, and developed scientific curiosity to carry out this research work.

I am also extremely grateful to my mother Smt. Shamala Manjunathaiah, my wife Sowmya.K, and son Sathvik S. Vasista and my brother Harshavardhana H M. for their moral support and patience throughout the process of my doctoral studies.

I thank all the participants of this research study, friends, and Non Teaching staffs of our department who made this research possible and meaningful.

I am grateful to Dr. Shamala Iqbal, IAS, Director, Women and Child Development Govt. of Karnataka, SVYM Sargur, K.R, Hospital Unit. Dr. Natesha.N, Smita, Aravind, Purushotham, Rangachari, Murugesh, Madlu computers and Department of Medicine Staffs For their support, during doctoral studies.

I am grateful to KSAPS officers and Staffs, ART centers Staffs and positive people net work colleagues and Friends in Chamarajanagar, Mandya, Mysore, and Bangalore Districts.

I sincerely thank those who contributed directly or indirectly in completion of my doctoral thesis work.

SUDHARSHANA. H. M