LIST OF ABBREVIATIONS

IN : Insight  
CP : Cognitive Positive  
CN: Cognitive Negative  
PS: Problem Solving  
D: Distraction  
MT: Magical Thinking  
A: Avoidance  
R: Religious  
HS: Help Seeking  
EA: External attribution  
IG: Internal attributional style for good events  
IB: Internal attributional style for Bad events  
IT: Total internal attribution for good and bad events  
SG: Stable attributional style for good events  
SB: Stable attributional style for bad events  
ST: Total stable attribution for good and bad events  
GG: Global attributional style for good events  
GB: Global attributional style for bad events  
GT: Total globle attribution for good and bad events  
MSE: Self esteem (subscale of motivation for change)  
MLOC: Locus of control (subscale of motivation for change)  
MGM: Growth Motivation (subscale of motivation for change)  
MRA: Religious attitude (subscale of motivation for change)  
MSC: Self criticality (subscale of motivation for change)  
MFCT: Total Motivation for change  
OCD: Obsessive compulsive disorder  
O: Obsession  
C: Compulsion
df: Degree of freedom
p: Level of significance
Std. Dev.: Standard deviation
ERP: Exposure and response prevention
DSM-IV-TR: Diagnostic & Statistical Manual of Mental Disorders-Text Revision
IOM: Institute of Medicine
OCCWG: Obsessive Compulsive Cognitions Working Group
TAF: Thought–action fusion
CBT: Cognitive Behaviour Therapy
IQ: Intelligence Quotient
Y-BOCS : Yale–Brown Obsessive-Compulsive Scale
BDD: Body dismorphic disorder
BABS: Brown Assessment of Beliefs Scale
SUMD: Scale to Assess Unawareness of Mental Disorder
ASQ: The Attributional Style Questionnaire
r: Correlation coefficients
PANSS: Positive and negative syndrome scale
ITAQ: Insight and Treatment Attitudes Questionnaire
WCST: Wisconsin Card Sorting Task