APPENDIX-I

INTERVIEW SCHEDULE-CUM-QUESTIONNAIRE
For
HEAD TEACHERS

Survey Date :  
Name :  
Name of School :  
District : Bathinda
Block :  

SUPERVISOR:

Dr. Raminder Singh
Head,
Department of Education,
Punjabi University Regional Centre,
Bathinda.
Patiala

INVESTIGATOR:

Nisha Rani
Ph.D. Research Scholar,
Deptt. of Education and
Community Service,
Punjabi University,

DEPARTMENT OF EDUCATION AND COMMUNITY SERVICES,
PUNJABI UNIVERSITY, PATIALA.
Q1. How often in a week has the meal been served in this school?

Q2. Are you satisfied with the provision of cooked meals under this scheme? (Yes/No) Explain.

Q3. Are you satisfied with the quality of meal served under this scheme? If dissatisfied, what do you feel are the main factors behind the low quality of meal?

Q4. Has any child ever fallen ill after consuming the Mid-Day Meals in your school? If yes, give details of the latest incidence.

Q5. In your perception, does the food provided to the children in your school satisfy their need for food? Describe.

Q6. In your perception, has there been any change in pupil absenteeism after the introduction of Mid-Day Meal Scheme? Explain.

Q7. In your perception, has there been any change in the nutritional status of pupils after the introduction of this scheme? Explain.

Q8. What is the system of assessing the nutritive value of the meal under Mid-day Meal Scheme?

Q9. In your perception, has this scheme made any impact on the academic achievement of pupils?

Q10. In your opinion, has there been any change in pupils’ habits about health and hygiene after the introduction of this scheme? Explain.

Q11. In your perception, has there been any effect of this scheme on the habit of truancy among students? Describe in detail.

Q12. Does your school have the necessary basic infrastructure to run this scheme effectively? (Yes/No)

   Proper supply of water: Yes/No   Permanent cooking shed: Yes/No
Q13. Did the school face any type of loss due to lack of proper infrastructure?

Q14. What is the average cost of meal per child per day?

Q15. Does the government provide all the funds required to run this scheme in time?

Q16. Do you think that the funds provided by the government are sufficient to run the scheme effectively?

Q17. Do the food grains usually reach the school in time?

Q18. Has the provision of meal ever been interrupted? If yes, give details.

Q19. What did you do to keep the meal programme going on?

Q20. Since the introduction of Mid-day Meal Scheme, has the meal been inspected by any government official? If yes, how many times? What were their reactions?

Q21. Food management and distribution being a group activity demands the participation of all concerned who are the people who participate in this activity in your school? Explain it.

Q22. How does this scheme affect academic work of the teachers? Explain.

Q23. Whether the meal is prepared in the school or it is supplied (cooked) by some outside agency? Describe it.?

Q24. At what time of the day meal is being served to the pupils?

Q25. At which place pupils are served the meal?

Q26. After eating the food who cleans the eating premises of the school?

Q27. Is the same menu being served every day? If no, give details of weekly menu.

Q28. Who decides the menu? If school decides the menu than what is the basis of such a decision?
Q29. What is the ratio of cooks and students in your school?

Q30. How cooks are engaged? Are there any norms for their appointment?

Q31. Government of India has recommended to hire preferably SC & ST women as cooks. Have you experienced any problem in the implementation of this recommendation?

Q32. How do you make payments to the cooks? Do you experience any problem regarding the wages of the cooks?

Q33. Have some upper caste parents ever objected to the cooking of food by lower caste cooks?

Q34. Did you find any evidence of any sort of discrimination against lower-caste children in the distribution of meal?

Q35. Have some upper caste parents ever objected to their children’s sharing a meal with children of lower castes?

Q36. In your opinion, has there been any effect of the sitting and taking their food together by pupils under this scheme, on the spirit of social unity? Explain.
APPENDIX-II

INTERVIEW SCHEDULE-CUM-QUESTIONNAIRE
For
TEACHERS

Survey Date : -----------------------------------------------
Name : -----------------------------------------------
Name of School : -----------------------------------------------
District : Bathinda
Block : -----------------------------------------------

SUPERVISOR:

Dr. Raminder Singh
Head,
Department of Education,
Punjabi University Regional Centre,
Bathinda.
Patiala

INVESTIGATOR:

Nisha Rani
Ph.D. Research Scholar,
Deptt. of Education and
Community Service,
Punjabi University,

DEPARTMENT OF EDUCATION AND COMMUNITY SERVICES,
PUNJABI UNIVERSITY, PATIALA.
Q1. Are you satisfied with the provision of cooked meals under this scheme? (Yes/No) Explain your views.

Q2. How often in a week has the meal been served in this school?

Q3. Are you satisfied with the quality of meal served under this scheme? If dissatisfied, what do you feel are the main factors behind the low quality of meal?

Q4. In your perception, does the food provided to the children in your school satisfy their need for food? Describe.

Q5. In your perception, has there been any change in pupil absenteeism after the introduction of Mid-Day Meal Scheme? Explain.

Q6. In your perception, has there been any change in the nutritional status of pupils after the introduction of this scheme? Explain.

Q7. In your perception, has this scheme made any impact on the academic achievement of pupils?

Q8. In your opinion, has there been any change in pupils’ habits about health and hygiene after the introduction of this scheme? Explain.

Q9. In your perception, has there been any effect of this scheme on the habit of truancy among students? Describe in detail.

Q10. Does your school have the necessary basic infrastructure to run this scheme effectively? (Yes/No)

Proper supply of water: Yes/No
Permanent cooking shed: Yes/No
Adequate storage space: Yes/No
Adequate eating plates: Yes/No
Sufficient cooking vessel: Yes/No

Q11. Did the school face any type of loss due to lack of infrastructure?

Q12. Does the government provide all the funds required to run this scheme in time?
Q13. Do you think that the funds provided by the government are sufficient to run the scheme effectively?

Q14. Do the food grains usually reach the school in time?

Q15. Has the provision of meal ever been interrupted? If yes, give details.

Q16. What did you do to keep the meal programme going on?

Q17. Food management and distribution being a group activity demands the participation of all concerned. Who are the people, who participate in this activity in your school? Explain it.

Q18. How does this scheme affect academic work of the teachers? Explain.

Q19. At what time of the day meal is served to the pupils?

Q20. Is the same menu being served every day? If no, give details of weekly menu.

Q21. Who decides the menu? If school decides the menu than what is the basis of such a decision?

Q22. At which place pupils are served the meal?

Q23. After eating the food who cleans the eating premises of the school?

Q24. What is the ratio of cooks and students in your school?

Q25. Have some upper caste parents ever objected to the cooking of food by lower caste cooks?

Q26. Did you find any evidence of any sort of discrimination against lower-caste children in the distribution of meal?

Q27. Have some upper caste parents ever objected to their children’s sharing a meal with children of lower castes?

Q28. Has any child ever fallen ill after consuming the Mid-day Meals in your school? If yes, give details of the latest incidence.
Q29. In your opinion, has there been any effect of the sitting and taking their food together by pupils under this scheme, on the spirit of social unity? Explain.
APPENDIX- III

INTERVIEW SCHEDULE-CUM-QUESTIONNAIRE
For
PARENTS

Survey Date : ...................................................
Name : ..............................................................
Name of School : ..................................................
District : Bathinda
Block : ..............................................................

SUPERVISOR:
Dr. Raminder Singh
Head,
Department of Education,
Punjabi University Regional Centre,
Bathinda.
Patiala

INVESTIGATOR:
Nisha Rani
Ph.D. Research Scholar,
Deptt. of Education and
Community Service,
Punjabi University,

DEPARTMENT OF EDUCATION AND COMMUNITY SERVICES,
PUNJABI UNIVERSITY, PATIALA.
Q1. How many children aged between 6-14 years, do you have?
Q2. How many of your children are enrolled in the school?
Q3. Do you send your children to school more often because meals are provided there?
Q4. How did you decide which school to send your children?
Q5. How many days per week do your enrolled children attend the classes?
Q6. Do your children wish to go to school more often because the school provides meal?
Q7. Are you satisfied with the provision of cooked meals under this scheme? (Yes/No) Explain.
Q8. Do you have any economic benefit of this scheme? Comment.
Q9. Are you satisfied with the quality of meals served under this scheme? If dissatisfied, what do you feel are the main factors behind the low quality of meals?
Q10. Are you satisfied with the quality of the school meals as compared to your home cooked meals?
Q11. In your perception, does the food provided to the children in school satisfy their needs? Describe.
Q12. Have your children ever become sick after eating the school meals?
Q13. In your perception, has there been any change in the nutritional status of your children after the introduction of this scheme?
Q14. Do your children sometimes bring the meals from school to home?
Q15. In your perception, has this scheme made any impact on the academic achievement of your children?
Q16. In your perception, has there been any effect of this scheme on the habit of truancy among students? Describe in detail.
Q17. In your perception, has there been any change in teacher absenteeism after the
introduction of the scheme? Explain.

Q18. In your perception, has there been any change in your children’s habits about health and hygiene due to Mid-Day Meal Scheme?

Q19. In your perception, has there been any effect, of the sitting and taking their food together by pupils under this scheme, on the spirit of social unity? Explain.

Q20. Do you have any objection to the cooking of food by lower caste cooks?

Q21. Do you have any objection about eating of meals together by students of all castes under this scheme? Express your views.

Q22. Did you find any evidence of any sort of discrimination against lower-caste children in the distribution of meals under this scheme?

Q23. Have you ever observed or supervised the preparation and serving of meal in the school? If not do you want to observe and supervise the preparation and serving of meals if you find time?

Q24. How often in a week has the meal been served in the school where your child studies?

Q25. Is the same menu being served every day? If no, give details of different types of meal served weekly.

Q26. Do your children ever help in the preparation and distribution of meals?
APPENDIX-IV

INTERVIEW SCHEDULE-CUM-QUESTIONNAIRE
For
STUDENTS

Survey Date : -----------------------------------------------
Name : ------------------------------------------------------
Name of School : ----------------------------------------------
District : Bathinda
Block : ------------------------------------------------------

SUPERVISOR:

Dr. Raminder Singh
Head,
Department of Education,
Punjabi University Regional Centre,
Bathinda.
Patiala

INVESTIGATOR:

Nisha Rani
Ph.D. Research Scholar,
Deptt. of Education and
Community Service,
Punjabi University,

DEPARTMENT OF EDUCATION AND COMMUNITY SERVICES,
PUNJABI UNIVERSITY, PATIALA.
Q1. Do you wish to go to school more often because the school provides meal?

Q2. Are you satisfied with the provision of cooked meals under Mid-Day Meal Scheme?
   (Yes/No) Explain your views.

Q3. Are you satisfied with the quality of the school meals as compared to your home cooked meal?

Q4. Do you like the meal served under this scheme? (Yes/No) What is the reason of liking or disliking the food?

Q5. How often in a week the meal is served to you in your school?

Q6. Is the same menu being served every day? If no, give details of different types of meal served weekly.

Q7. Before coming to the school what do you take in the breakfast at home?

Q8. At what time of the day meal is being served? In your opinion, whether, this time of serving the meal is proper? If not, what change do you suggest in it?

Q9. Does the food provided to you in the school satisfy your appetite? Describe.

Q10. Could you concentrate more on studies after eating the Mid-Day Meal?

Q11. Do you feel more active after having meal in the school?

Q12. Has this scheme made any impact on your classroom learning in the school?

Q13. Do you wish to stay at school after the lunch break because meal is served in the school?

Q14. Do you learn more about health and hygiene, because of this scheme? Explain.

Q15. Whether students of all castes are served meal together, Yes/No.

   If yes, how do you feel while sharing meal with students of other castes in the school?

   If no, (a) why (b) how does school arrange this separation?

Q16. Have your parents ever forbidden you to eat the meal at the school? If yes explain the
reason behind it?

Q17. Did you find any evidence of any sort of discrimination against lower-caste children in the distribution of meal?

Q18. Are you satisfied with the quality of meal served under this scheme? If dissatisfied, what do you feel are the main factors behind the low quality of meals?


Q21. Is there proper supply of water for drinking and washing in your school?

Q22. Has your school an adequate number of eating plates for all students? If not, how do you manage to eat the mid-day meal?

Q23. After eating the food who cleans the eating premises of the school?

Q24. Whether you want the Mid-Day Meal Scheme to be continued or not? Comment on it.

Q25. Is this scheme mere wastage of your time in the school?

Q26. What do you want to suggest to make the food more attractive?
APPENDIX-V

INTERVIEW SCHEDULE-CUM-QUESTIONNAIRE
For
COOKS

Survey Date : -------------------------------
Name : -----------------------------------
Name of School : -------------------------
District : Bathinda
Block : ----------------------------------

SUPERVISOR:
Dr. Raminder Singh
Head,
Department of Education,
Punjabi University Regional Centre,
Bathinda.
Patiala

INVESTIGATOR:
Nisha Rani
Ph.D. Research Scholar,
Deptt. of Education and
Community Service,
Punjabi University,

DEPARTMENT OF EDUCATION AND COMMUNITY SERVICES,
PUNJABI UNIVERSITY, PATIALA.
Q1. Do you like the job of cooking the meal for school children? Why or why not?
Q2. How long have you been preparing Mid-Day Meal for this school?
Q3. Who appoints the cook in the school?
Q4. What was the basis of your selection as a cook?
Q5. What are your daily wages? Write details (Money or Material).
Q6. What type of meals do you prepare in the school?
Q7. On an average, how many children do you cook for per day in the school?
Q8. Is there always enough meals for all primary school children present?
Q9. How large are portions served to the children?
Q10. Does the food served meet the required calories and protein requirement mandated by the central government?
Q11. Is there any standard prescription to include minimum quantity of Vegetables, Dal/Lentils? How is its implementation ensured?
Q12. Are you satisfied with the quality of food grains provided for the cooking of meals? If dissatisfied, what do you feel are the main reasons behind it?
Q13. How often in a week has the meal been served in this school?
Q14. How long does it take to prepare the meals each day?
Q15. What steps do you follow to cook the meal?
Q16. Who supervises the cooking process of meal?
Q17. Who supervise the serving process of meal?
Q18. How long does it take to distribute the meal each day?
Q19. What does the government provide for the school meal programme?
Q20. Is this enough for the needs of the school meal programme?
Q21. Who is procuring the ingredients required for meals (other than FCI food grains)?
Q22. Besides the government does anybody else contribute to the school meal programme?

Q23. Is delivery of grains or payment ever late?

Q24. Does the school have the necessary basic infrastructure for cooking and serving the food? (Yes/No)

- Proper water supply: Yes/No
- Permanent cooking shed: Yes/No
- Sufficient cooking vessels: Yes/No
- Eating vessels: Yes/No
- Adequate storage space: Yes/No

Q25. From where does the school arrange these inadequate resources for cooking and serving?

Q26. Does the school face any type of loss due to lack of infrastructure, which adversely affect the implementation of the scheme?

Q27. Food management and distribution being a group activity demands the participation of all concerned. Who are the people, who participate in this activity in the school?

Q28. What is the ratio of cooks and students in your school?

Q29. Do school children ever help you to prepare the meal?

Q30. What is the nature of fuel being used for cooking?

Q31. From where do you get the fuel and other ingredients for cooking?

Q32. Do teachers also receive meals?
APPENDIX-VI

OBSERVATION SCHEDULE
For
CASE STUDIES

Date of Observation : -----------------------------------------------
Name of School : -----------------------------------------------
District : Bathinda
Block : -----------------------------------------------

SUPERVISOR:
Dr. Raminder Singh
Head,
Department of Education,
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Patiala

INVESTIGATOR:
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Deptt. of Education and
Community Service,
Punjabi University,

DEPARTMENT OF EDUCATION AND COMMUNITY SERVICES,
Punjabi University, Patiala.

XVIII
1. Location of the school ____________________

2. The year of establishment of the school ____________________

3. Time of reaching the school ____________________

4. The overall environment of the school & classrooms__________________________

5. Availability of appropriate infrastructure:
   (a) Kitchen__________________________
   (b) Store room________________________
   (c) Drinking water________________________
   (d) Availability of fuel________________________
   (e) Availability of cooking devices _______________________
   (f) Availability of serving utensils________________________
   (g) Class Rooms________________________
   (h) Separate Toilets for Girls & Boys________________________

6. Availability of manpower ____________________
   (a) Cooks
   (b) Helpers
   (c) Teachers
   (d) Others

7. Agency involved in cooking & serving________________________
   (a) Self Help Groups
   (b) NGOs
   (c) Others

8. Who makes cooking arrangements________________________
   (a) Gram Panchayats
   (b) Village Education Committees
   (c) Parents Teachers Association
   (d) Youth Clubs
(e) NGOs
(f) Others

9. Activities performed by the cooks_________________________

10. Feedback of cooks regarding___________________________
    (a) Their Salaries
    (b) Nature of Fuel Used
    (c) Raw Material used for cooking
    (d) Quality of Food Grains
    (e) Problems faced during the Implementation of Mid-Day Meal Scheme

11. The quality of the food grains used________________________

12. Position with regard to cleanliness and hygiene________________________

13. The activities performed by head teachers and teachers in preparation and distribution of meals________________________

14. The feedback of head teachers and teachers regarding the implementation of Mid-Day Meal Scheme ________________

15. Washing of hands by children before and after eating their meals________________

16. Time of serving the Mid-Day Meals________________________

17. The overall process of serving of Mid-Day Meals________________________

18. Weekly menu_________________________
    (a) Day of visit ________________
    (b) Food item Served ________________
    (c) Quantity of meal served per student ________________

19. Taste of food ________________

20. The feedback of children regarding the Mid-Day Meals________________________

21. Community Participation in preparation and distribution of meals__________________
22. The feedback of parents visiting the school regarding the Mid-Day Meals

23. Generation of employment for women of weaker sections