LIST OF PLATES

1. Location map of the study area
2. Selected villages in Western Satpura Range
3. Relief
4. Drainage
5. Climate chart
6. Distribution of population
7. Scheduled Tribes
8. Literacy
9. Transport
10. Market
11. Market Facilities
12. Forest Area
13. Net sown area
14. Per capita daily cereals and millets intake in selected villages
15. Per capita daily pulses intake in selected villages
16. Per capita daily leafy vegetables intake in selected villages
17. Per capita daily other vegetables intake in selected villages
18. Per capita daily roots and tubers intake in selected villages
19. Per capita daily other food stuff intake in selected villages
20. Per capita daily "Fruits' intake in selected villages
21. Per capita daily fat intake in selected villages
22. Per capita daily "Nuts and oil seeds" intake in selected villages
23. Per capita daily "Condiments and species" intake in selected villages
24. Food intake region
25. Per capita daily calore intake in selected villages
26. Per capita daily protein in selected villages
27. Per capita daily fats and oil intake in selected villages
28. Per capita daily thiamine intake in selected villages
29. Per capita daily riboflavin intake in selected villages
30. Per capita daily vitamin 'A' intake in selected villages
31. Per capita daily carbohydrate intake in selected villages
32. Per capita daily calcium intake in selected villages
33. Nutrient intake region
34. PEM deficiency diseases
35. Vitamin 'A' Deficiency diseases
36. Vitamin 'B' Deficiency diseases
37. Vitamin 'C' Deficiency diseases
38. Iron Deficiency diseases
39. Other Deficiency diseases
40. Malnutrition in tribal childrens