Chapter – 5

Research summary, Conclusions and Implications

5.1 Introduction

The summary of the entire research work has presented in a manner, which gives its extract or essence in a glance. This work must be done with great care otherwise misleading conclusions may come out and because of that the total purpose of the research doing becomes ineffective. Only by explanation, the research does can express the research process of the relations and conclusions. True it is very important that the research report has presented in a proper manner. By reading, the summery there should not be repetition of the same research work and keeping in mind the aim that the future research does may get the direction and the guidance of his research work the recommendations and suggestions has made about the future research.

In this research, the summary of the work done by the research does and conclusions and some recommendations or a suggestion for the future research has given in this chapter.

The main aim of this research was to measure Personality, Quality of Life and Suicidal Tendency of the College Students and to know what is the effect of the personal variables like Gender, Degree, Type of College, Residential area and Type of Family the characteristics of Personality, Quality of Life and Suicidal Tendency of the College Students. 600 Students from Saurashtra University Colleges selected by randomly sample. The Characteristics of the Personality had been measured by using translate Personality Inventory by Dr.D.J.Bhatt and Paghdal Chetna, the Quality of Life had been measured by using Quality of

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Life Scale by Dr.A.C.Maudgil, Dr.S.K.Varma and Kuldeep Kaur, and the Suicidal Tendency had been measured by using Suicidal Tendency Scale by Dr.D.J.Bhatt and R.G.Meghnathi. To find out the effect of Gender, Degree and Type of College over the Characteristics of Personality, Quality of Life and Suicidal Tendency. ‘F’ test had used as per 2 x 2 x 3 factorial design and to find out the effect of Residential area and Type of Family over the Characteristics of Personality, Quality of Life and Suicidal Tendency, ‘t’ test had been used. To decide the categories of Personality the calculation by Quadrant had done. And based on that to know the effect of Personality over the Quality of Life and Suicidal Tendency, ‘t’ test had been used. To find out the Co- relation between Characteristics of Personality, Quality of Life and Suicidal Tendency the method of product moment of Karl Pearson had used. According to that by doing the Statistical Analysis, the conclusions had derived. This is as follows.

5.2 The Conclusion of the Research work

The Conclusions of the research work by keeping in minds the aims of this research the data had collected. The analysis and the statistical explanation of which has been made in the previous chapter and the discussions of the results had been done in that chapter based on the discussion of the result and analysis the following conclusions have been derived.

1. The Personality of boys has found better than that of the girls.
2. The Personality of the Professional Course Degree has found better than that of the Non- Professional Course Degree.
3. There has found significant effect of the Type of College over their Personality of the College Students.
4. There has found significant interactional effect of the Gender and Degree over their Personality of the College Students.
5. There has found significant interactional effect of the Degree and Type of the College over their Personality of the College Students.
6. There has found significant interactional effect of the Gender and Type of College over their Personality of the College Students.
7. There has found significant interactional effect of the Gender, Degree and Type of College over their Personality of the College Students.
8. The Personality of the rural area Students has found as poorer than that of the urban area Students.
9. The Personality of the Students living in nuclear family has found better than that of the Students living in joint family.
10. The Quality of Life of the Girls has found better than that of the Boys.
11. The Students of the Professional Courses like better Quality of Life than that of the Non Professional Courses Students.
12. There has found significant effect of the Type of College of the College Students over the Quality of their Life.
13. There has found significant interactional effect of the Gender and Degree of the College Students over the Quality of their Life.
14. There has found significant interactional effect of the Degree and Type of the College of the College Students over the Quality of their Life.
15. There has found significant interactional effect of the Gender and Type of College of the College Students over the Quality of their Life.

16. There is no found significant interactional effect of the Gender, Degree and Type of College of the College Students over the Quality of their Life.

17. The Students living in the rural area live less Quality full Life than that of the Students living in the urban area.

18. The Quality of Life living in nuclear family has found better than that of the Students living in the joint family.

19. The rate of Suicide has found more in the Girls than that in the Boys.

20. There has not found any significant effect of the Degree of the College Students over their Suicide Tendency.

21. There has found any significant effect of the Type of the College of the College Students over their Suicide Tendency.

22. There has found significant interactional effect of the Gender and Degree of the College Students over their Suicide Tendency.

23. There is no found significant interactional effect of the Degree and Type of College of the College Students over their Suicide Tendency.

24. There has found significant interactional effect of the Gender and Type of College of the College Students over their Suicide Tendency.

25. There has found significant interactional effect of the Gender, Degree and Type of College of the College Students over their Suicide Tendency.
26. The rate of Suicide Tendency in the Students of the rural area has found more than that of the Students of the urban area.
27. The rate of Suicide Tendency in the Students of the joint family has found less than that of the Students of the nuclear family.
28. There is no found significant effect of the higher and medium level Personality of the College Students over the Quality of their Life.
29. The Quality of Life of the Students with lower level of Personality has been sound better than that of the Students of medium level Personality.
30. There is no found significant effect of the higher level and lower level Personality of the College Students over their Quality of Life.
31. There is no found significant effect of the higher level and medium level of Personality of the College Students over their Suicide Tendency.
32. There is no found significant effect of the medium level and lower level of Personality of the College Students over their Suicide Tendency.
33. There is no found significant effect of the higher level and lower level of Personality of the College Students over their Suicide Tendency.
34. There has found very little positive type of Co- relation between Introversion and Extroversion of the College Students.
35. Remarkable negative type of Co- relation has observed between the Introversion and Quality of Life of the College Students.
36. Remarkable positive type of Co- relation has observed between the Introversion and Suicide Tendency in the College Students.
37. Remarkable positive type of Co-relation has found between the Extroversion and Quality of Life of the College Students.
38. Remarkable negative type of Co-relation has observed between the Extroversion and Suicide Tendency of the College Students.
39. There has found a little positive type of Co-relation between Personality and Quality of Life of the College Students.
40. Normal negative type of Co-relation has observed between the Personality and Suicide Tendency of the College Students.
41. Normal negative type of Co-relation has observed between the Quality of Life and Suicidal Tendency of the College Students.

5.3 The Limitation of the Research

1. The study was only for the Colleges of the Saurashtra University Students.
2. This study was only for the College Students.
3. Only Questionnaire method had been used the depth of its data, truthfulness etcetera Questions become limitation of the study.
4. In this research work, the data taken from 600 Students, its results normalization or simplification has done and that is its one limitation.
5. Here data had obtained from the Students, it has based on their auto or self-assessment and so it is natural that the rate of socially desirable responses will be more in that the examination of the data obtained in this way has not demonstrated with any other mediums.
6. Any attitude is total and co-related result of these mutual processes of many variables.
7. The effort has been possible to find out if there is any influence of those variables. Nevertheless, it has not been possible to give calculation or equation for how much influence those variables have and that is not a thing of any less sorrow for the researcher.

5.4. Recommendations for the future Research

There should be researcher in all the fields with the change of time and situations. No researches can count as complete of final for every time and every situation. This study draws attention towards characteristics of Personality, Quality of Life and Suicidal Tendency of the College Students. In the direction of this study, the recommendations for the future researcher can give as follows:

1. This research, the research can do by selecting the samples with cultural difference.
2. The comparative study can do of the Students of the different study streams on branches.
3. The research can made broad based by taking still more extra variables.
4. A comparative study can do about the effect of residential area and type of family, on the different aspects of the Students.
5. In this research, conclusions have derived by taking data from 600 students. Accurate conclusions can be derived by collecting data from more Students that this 600.
6. In this research, the questionnaire method has used. Moreover, in other questionnaire by using visit method and collecting detailed data accurate results can arrive at.

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7. As the attitude is collective result of many variables, by using unit knitting, the researcher connected to this are more necessary.

8. The researcher has expressed some future suggestions as above, which came in his mind during his study and from his study. Otherwise, even this field shows a big scope for a research that may bring in mind many problems. Therefore, it gives both a call and on invitation to the researcher.

5.5. The Implication of the Research

The aim of this research study had been to measure Personality, Quality of Life and Suicide Tendency of the College Students and to find out work is the effect of personal variables like Gender, Degree, Type of College, Residential area and Type of Family over Personality, Quality of Life and Suicide Tendency in the College Students. The Conclusions of the research indicates that there is effect of Gender, Degree, Type of College, Residential area and Type of Family of the Students over the Personality. There is interactional effect of Gender, Degree and Type of College of Students over the Personality. There is effect of Gender, Degree, and Type of College of Students over the Quality of their Life. There is interactional effect of Gender and Degree, Degree and the Type of College over the Quality of Life of the Students. Whereas there is no collective interaction, affect of Gender, Degree and Type of College over the Quality of Life the Students. There is effect of Gender, Type of College, Residential area and Type of Family over the Suicide Tendency of the Students. Whereas there is no effect of Degree over the Suicide Tendency, and there is collective interactional effect of Gender, Degree
and Type of College over the Suicide Tendency. While no interactional effect has observed of Degree and Type of College over Suicide Tendency.

No effect of the levels of the Personality has observed over the Quality of Life and Suicide Tendency. The effect of medium and lower level of Personality has found over the Quality of Life.

Today age is progressive but it has left no stone unformed in doing progress towards the negative direction. The class of youngsters needs awakening coming out of the industrialization and modernization. Side by the Students should get full co-operation from the family and society also. However, there should be total co-operation and the roads of their career should keep open. By solving their problems and liberating them from the mental tension, the level of their Personality and Quality of Life can increased, and reduction in the rate of Suicide Tendency can do.

Thus for increasing the rate of Personality and Quality of Life, and reducing the Suicide Tendency, if efforts has made by creating changes in the positive direction, improvement can done in the rate of all these there forces. If Students get co-operation from the Family, Society, Friends, College and Teachers they can live their lives in a good way. The help should give for all the problems of the Students. He should not give a feeling that he is alone in the Society. By which he can lead a Quality of Life. By giving the Students work accordingly to their capacity, the problem of their livelihood also should solve because of which there be reduction in the rate of Suicide Tendency.