ACKNOWLEDGEMENT

The investigator expresses deep sense of gratitude to his research guide, Dr. S.A. Sonawane, Professor & Head, Department of Education, University of Pune, Pune, Maharashtra, for his generous advice, valuable guidance, logical criticism and scientific approach to complete this investigation.

The author also acknowledges his sincere thanks to Dr. D.V. Kulkarni Reader Dept. of Education, University of Pune, Principal Dr. Mahesh Deshpande BPCPE Pune, Dr. S.E. Kangne, Dr. Arun Shinde and all the teaching staff of Chandrashekhar Agashe College of Physical Education, Gultekdi, and Pune who kindly encouraged the investigator to complete this research endeavor.

The cooperation extended by Dr. Ashwani Kumar Lecturer Physical Edu. H.P.E.S., Mr Satish Kumar Athletics Coach SAI Sports Hostel Bilaspur (H.P) Mr. Rajiv Bagga, Mr. L.B. Singh (LDC) and Mr. N.S. Rana, Mr Vishnu Pethkar Lect. Physical Education University Of Pune and Student of the Army Public School, Dagshai Distt. Solan (HP) thankfully acknowledged. He also expresses his profound gratitude to the Headmaster/Principal Himachal of all Schools of Himachal Pradesh for kind permission to collect data on their students. The cooperation extended by the staff and the sample students of these institutions is thankfully acknowledged.

The researcher is grateful to Head Master M.S. Thakur of HPES P and Mr. Rajiv Sharma (Research Scholar) for their cooperation and help.

Although the thesis has been decided to his father “Late Thanedar Kashmir Singh” the investigator express his special thanks to her mother “Nirmal Rani” sister ”Pinki, Poonam & Suman” and Borther-in-Law Mr. Jagdish, Mr. Ashwani and Mr. Shashi for the favourable as well as continuous support.