Appendix

PATIENT

PHOTOGRAPHS
This is a female patient with psoriatic lesions limited to the dorsal aspect of both great toes and plantar aspect of the right sole. She had elevated LDL levels, abdominal obesity and ultrasonographic evidence of fatty liver.
This 38 year old male patient was hypertensive for the last 3 years with hypertensive retinopathy. His triglycerides were 342 mg/dl and had NAFLD. Duration of psoriasis was 7 years. He had unstable psoriasis progressing to erythroderma with a PASI score of 62.

This is a 28 year old male psoriatic patient who had psoriatic lesions limited to the right leg and had no comorbid conditions.
PROFORMA

Date :

Registration No. :

O.P./ I.P. No. :

Name :

Age : Sex :

Address :

Chief complaints :

Duration of lesions :

H/o joint pains :

H/o smoking :

H/o alcohol consumption :

Dietary habits : Psoriasis / Diabietes / HT / CAD / Other illness

H/o systemic illness : Diabetes / HT / CAD / dyslipidemia/ Other illness

Treatment history :

Topical :

Systemic :
General Examination

Build : Poor / Moderate / Obese

Trunkal obesity : Present / Absent

Height : cm

Weight : Kg

BMI :

Pulse : /min

BP : mmHg

Pallor P/A Icterus P/A Cyanosis P/A

Clubbing P/A Lymphadenopathy P/A

Systemic Examination :

CVS

RS

P/A

CNS
Cutaneous Examination

Investigations :

Fasting blood sugar : 
Post prandial blood sugar : 

Lipid profile

Total cholesterol :
HDL :
LDL :
Triglycerides :

Fasting insulin

Liver function tests :

Bilirubin
Direct :
Indirect :
SGPT :
SGOT :
S. Proteins :

Renal function tests :
Blood Urea : 
Serum creatinine : 
A 2 macroglobulin : 
Haptoglobin : 
Apo A1 : 
Ultrasonogram of abdomen :
# PSORIASIS AREA SEVERITY INDEX (PASI)

**NAMES:**

**DIAGNOSIS:**

**AGE / SEX:**

**TREATMENT:**

## PASI SCORE:

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<td>MILD</td>
<td>MODERATE</td>
<td>SEVERE</td>
<td>V.SEVERE</td>
<td>-</td>
<td>-</td>
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<tr>
<td>INFILTRATION (INF)</td>
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<td>30-49</td>
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## HEAD

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## TOTAL PASI

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<th>U L</th>
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**PASI:**

**NAME OF STAFF:**

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