3. AIM & OBJECTIVES

AIM

To assess the stress levels in infertile women and to study the impact of counseling on stress.

OBJECTIVES

• To assess the stress levels in infertile women, using DASS (Depression, anxiety, stress scale) questionnaire.

• To estimate the levels of malondialdehyde (MDA) and superoxide dismutase (SOD) in blood in infertile women.

• To determine the impact of stress management counseling on stress levels among infertile women.