ACKNOWLEDGEMENTS

I take this opportunity to acknowledge with thanks the Research Degree Committee, Jiwaji University, Gwalior for granting me an approval to conduct the study.

I express my deep sense of gratitude to my elite guides Dr. P.V.S. Tomar and Dr. A.K. Uppal for their keen personal attention and scholarly guidance bestowed upon me during the course of study for the present work. Their constant encouragement and able supervision helped me profoundly in completing the research work.

It is my prime duty to offer my sincere thanks and indebtedness to Prof. A. K. Saxena, Principal, Government M.L.B. Arts and Commerce Autonomous College, Gwalior and also to Dr. Ajmer Singh, Director, Lakshmibai National Institute of Physical Education (Deemed University), Gwalior for constantly motivating and providing me all the necessary facilities at the centres.

I am not in a position to express the deep debt which I really owe to Dr. P.K. Pande for acting as a technical expert, and also to Dr. S. R. Gangopadhyay, for his generous help and assistance during the course of research.
ACKNOWLEDGEMENTS (continued)

I am highly grateful to Dr. R. R. Das, Vice Chancellor, Jiwaji University, Gwalior and also to Dr. R. S. S. Bhadauria, Prof. and Chairman, Board of Sociology, Jiwaji University, Gwalior, Dr. (Mrs.) Laxmi Tomar, Prof. and Head, Department of Sociology, Maharaja Mansigh College, Gwalior, Dr. S. S. Bhadauria, Prof. and Head, Dept. of Sociology, Dr. B. S. S. College, Gwalior, Dr. M. P. Shrivastava, Prof. and Head, Department of Sociology, Government K. R. G. Autonomous College, Gwalior and Dr. A. K. Govila, Ex. Dean, G. R. Medical College, Gwalior for their valuable guidance and according me an access to the library facilities at the centres.

I express my deep indebtedness to my stimulating friends and colleagues, Dr. Ranjot Gill, Dr. G. D. Ghai, Dr. Vivek Pande, Dr. G. K. Sharma, Mr. B. Basumatary, Dr. R. K. Bajpai, Dr. (Ms.) Geeta Shrivastava, Dr. V. K. Singhal, and Dr. (Mrs.) Ranjana Tiwari for their help, suggestions and encouragement during the course of investigation.

I am also highly grateful to Prof. I. S. Chauhan, Vice Chancellor, Barkatullah University, Bhopal, Dr. (Mrs.) U. Govila, Additional Director, Directorate of Higher Education, M. P., Dr. Gyanendra
ACKNOWLEDGEMENTS (continued)

Gautam, Reader and Head, Department of Sociology, Barkatullah University, Bhopal, Dr. N. K. Gauraha, Prof. and Head, Dept. of Sociology, Dr. H. S. Gaur University, Sagar, Dr. D. S. Baghel, Prof. and Head, Department of Sociology, Government T. R. S. Autonomous College, Rewa and also to Dr. Yogendra Singh, Prof. and Head, Department of Social Systems, J.N.U., New Delhi for their expert suggestions to me at times.

I am also gratefully thankful to Orthopaedic Surgeons Dr. B. P. Chandak and Dr. V. P. Midha, Physiotherapists Mr. P. K. Prabhakar and Mr. Vinod Joshi and also to Mr. Ken Bing, Chief Physical Therapist (USA) for their sincere advice and suggestions regarding the research study.

I express my special thanks to Dr. J. P. Verma, Sr. Lecturer in Statistics for his help and guidance in the statistical work and also to Mrs. Indu Bora, Lecturer in English for going through the manuscript carefully.

I very much thank the library staff of L.N.I.P.E., Gwalior, Government M.L.B. Arts and Commerce Autonomous College, Gwalior, G.R. Medical College, Gwalior, Govt. K. R. G. Autonomous College, Gwalior and also to The Institute For The Physically Handicapped,
ACKNOWLEDGEMENTS (continued)

New Delhi for according me the help in consultation of literature in the respective libraries. I also thank Mr. K.C. Singh, Assistant Library and Information officer (MEDLARS), National Medical Library, D.G. H.S., New Delhi for sending me the literature related to the present study.

I express my indebtedness to the Principals and Physical Education Teachers of all the selected schools for extending me their valuable co-operation and assistance during the process of data collection.

I am not in a position to acknowledge my special thanks to my friends and loving students, without the help of whom this project may not have been completed. Dr. Ajay Sahani, Shaji P., Rajeev Choudhary, D. K. Singh, Vinod Choudhary, Badshah Ghosh, Tarakh, Vijay Chahal, Brij Kishore, Pankaj, Santosh Kumar, Madan Singh and Arun are only few among many who have helped me during the collection of data and other statistical work.

It is my duty to extend special thanks to all the subjects who were involved in the study and were very co-operative, and also to their parents and family members who spared time to fill up the questionnaires, without the help of whom the study may not have been possible.
ACKNOWLEDGEMENTS (continued)

I owe my heartfelt thanks to my wife Smt. Kusum Bindal for inspiring and motivating me for completing the present work, who also took over the family responsibilities throughout the period. My children Gaurav and Pallavi not only extended me their various help but also kept me cheerful with their occasional disturbances throughout the research period.

In the last, I can also never forget the contribution of my father-in-law Shri. B.P. Agarwal and late brother-in-law Shri. Sanjay Agarwal for their constant help and encouragement during the collection of data.

Place: Gwalior

Vishnu Dutt Bindal