CONTENTS

DECLARATION
CERTIFICATE
ACKNOWLEDGEMENT
GLOSSARY
ABBREVIATIONS
PREFACE
INTRODUCTION

SIGNIFICANCE OF THE STUDY

1. The development of personality
2. The personality of Gandhi

PART I: SETTING OF THE STUDY

Theoretical Background

CHAPTER I. APPROACHES TO THE THEORIES OF PERSONALITY

Article i. NATURE OF HUMAN PERSONALITY

1. Type approach
2. Trait approach
3. Behavioural approach
4. Psychoanalytic approach
5. Humanistic approach

5.1. Uniqueness and feasibility of Humanistic approach

Article ii. ABRAHAM MASLOW: A CONTEMPORARY HUMANIST

1. Maslow's views on personality

1.1. Inner nature: The core of personality
2. Theory of self-actualisation

2.1. Human needs and motivation according to Maslow

2.2. Hierarchy of needs and personality development

Article iii. SIGNIFICANCE OF ACTION IN PERSONALITY DEVELOPMENT

1. Definition of action
2. Voluntary action: Salient features
3. Origin of voluntary action
4. Psychology of voluntary action
   4.1. The cognitive aspect
   4.2. The affective aspect
   4.3. The conative aspect
5. Physiology of voluntary action

Article iv. FUNCTIONS OF ACTION IN THE DEVELOPMENT OF PERSONALITY

1. Formation of habits through experience
2. Emergence of character through habits
3. Shaping of personality through character
4. Functions of adaptation and organisation
5. Function of transcendence
6. Function of integration
CHAPTER II. THE PERSONALITY OF GANDHI: SALIENT FEATURES

Article i. SHORT BIOGRAPHICAL SKETCH

1. Childhood
2. Budding barrister
3. Political activist
4. Emergence as a leader
5. The last phase

Article ii. PERSONALITY OF GANDHI: SALIENT FEATURES

1. Charismatic leader and Visionary
2. Profile of courage and Streak of humour
3. Upholder of human dignity and Practical idealist
4. Yogi in action and Ascetic
5. Integrated personality

CHAPTER III. RESEARCH DESIGN

1. Action and the development of personality
2. Statement of the problem
3. Objectives
4. Definition of key terms
   4.1. Action
      a) Involuntary action
      b) Voluntary action
   4.2. Personality
   4.3. Integration
   4.4. Development
## PART I

### CHAPTER IV.

#### Article I.

<table>
<thead>
<tr>
<th>Article</th>
<th>Horizontal dimension</th>
<th>Vertical dimension</th>
<th>Abyssal dimension</th>
</tr>
</thead>
<tbody>
<tr>
<td>a)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>b)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>c)</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

5. Limitations of the study  
6. Method of investigation  
7. Tools of data collection  
8. Pilot study

### PART II.

**PROCESS ASPECT OF THE STUDY**

#### Theoretical Analysis

**CHAPTER IV.** SATYA AND AHIMSA: MEDIA OF ACTION AND DEVELOPMENT

#### Article I.  
**HORIZONTAL DIMENSION OF DEVELOPMENT:** DIFFERENT INFLUENCES

<table>
<thead>
<tr>
<th>Article</th>
<th>Influence</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>Early</td>
<td>112</td>
</tr>
<tr>
<td>2.</td>
<td>Influence</td>
<td>112</td>
</tr>
<tr>
<td>2.1.</td>
<td>of</td>
<td>116</td>
</tr>
<tr>
<td>2.2.</td>
<td></td>
<td>118</td>
</tr>
<tr>
<td>2.3.</td>
<td></td>
<td>120</td>
</tr>
</tbody>
</table>

#### Article II.  
**VERTICAL DIMENSION OF DEVELOPMENT:** SOME SOURCES OF INFLUENCE

<table>
<thead>
<tr>
<th>Article</th>
<th>Influence</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>Jesus</td>
<td>122</td>
</tr>
<tr>
<td>2.</td>
<td>Influence</td>
<td>122</td>
</tr>
<tr>
<td>2.</td>
<td>Buddha</td>
<td>123</td>
</tr>
<tr>
<td>3.</td>
<td>Influence</td>
<td>124</td>
</tr>
<tr>
<td>4.</td>
<td>Impact</td>
<td>125</td>
</tr>
<tr>
<td>5.</td>
<td>Influence</td>
<td>125</td>
</tr>
</tbody>
</table>
Article iii. TRUTH AND NON-VIOLENCE: GANDHI'S MEDIA OF ACTION

1. Dimensions of Truth
   1.1. Truth as the cosmic principle
   1.2. Truth in tune with the cosmic process
   1.3. Truth as a tool of spiritual insight
   1.4. Truth as a technique for resolving conflicts

2. Gandhi's vision of non-violence

3. Gandhi's practice of ahimsa of the brave

4. Satya and Ahimsa: Tenets of action

CHAPTER V. DEVELOPMENT OF PERSONALITY IN GANDHI: AN EVOLUTIONARY PROCESS

Article i. GANDHI'S VISION OF TRANSFORMATION

1. Self-discipline: Gandhi's pedagogy of transformation
   1.1. Different techniques for self-discipline
      a) Prayer
      b) Fasting
      c) Confession
      d) Dietetics and Nature cure

2. Conscience and the process of transformation
   2.1. The dimension of self-expression of consciousness
a) Dimension of self-consciousness 164
b) Dimension of silence 165
c) Dimension of meditation 166

3. Methodology of self-transformation 168

3.1. Gandhi : A model karma yogi 169
a) Intimate union with God 169
b) Involvement in the world 169
c) Omnipresence of God 171
d) Detached and desireless action 172
e) Spirit of joy 173

3.2. "One step enough" dictum 174

Article ii. TRANSFORMATION AT DIFFERENT LEVELS 176

1. Revolutionary approach to transformation 176
a) Personal example in revolutionary transformation 177

2. Ashram : Place for evolutionary change 178
2.1. Vows practised in the Ashram 178
2.2. Ashram : An action-oriented community 182

3. Basic Education : Means for personality transformation 185

3.1. Role of JH's in character formation 186
a) Training of Head in character formation 186
b) Role of Hand in the shaping of character 187
c) Heart, the co-ordinating factor in character building 188

xviii
CHAPTER VI. GANDHI'S THEORY OF ACTION AND PERSONALITY DEVELOPMENT

Article i. ACTION: ESSENTIAL REQUISITE FOR PERSONALITY DEVELOPMENT

1. Gandhi's vision of man
2. Gandhi's concept of action
   2.1. Action with reference to values
   2.2. Action based on morality
   2.3. Faith: The fundamental tenet of action
   2.4. Work: The laboratory of action

Article ii. PERSONALITY DEVELOPMENT: GANDHI'S VIEWS

1. Self-realization is personality development
2. 'Love in Action' the effective way to Self-realization
3. Self-realization and self-actualisation
   3.1. Encounter of the models of Maslow and Gandhi
   3.2. Gandhi - a step further

Article iii. INDIAN MODEL OF PERSONALITY: GANDHIAN PERSPECTIVE

1. Personality with a vision of ultimate goal
2. Person dedicated to svadharma
3. Life of committed action
4. Model of Universal love
5. Person with a harmony of body, mind and spirit

PART III. TERMINAL PART OF THE STUDY

Findings and Theoretical Insights
CHAPTER VII.  CONCLUSION

Section i. FINDINGS OF THE STUDY 246

1. PERSONALITY TRANSFORMATION 246
   1.1. The effect of action in formation of habit 247
   1.2. Role of habit in building strong character 248
   1.3. Influence of character in personality development 248

2. TYPES OF ACTION IN THE PROCESS OF TRANSFORMATION 249
   2.1. Action based on values 249
   2.2. Action based on conscience 250
   2.3. Action leading to self-discipline 250

3. FUNCTIONS OF ACTION IN TRANSFORMATION 252
   3.1. Functions of transcendent 252
   3.2. Function of adaptation 252
   3.3. Function of integration 253

4. TRANSFORMATION AT DIFFERENT LEVELS 253
   4.1. Revolutionary transformation 254
   4.2. Evolutionary transformation 254

Section ii. APPLICATION OF THE FINDINGS TO THE CLASS ROOM 255

TEACHER: A MODEL PERSONALITY 255

1. Necessity of visible transformation in the model personality 256

2. Identity and purpose in life: A prerequisite for the model personality 257

3. Truth and Love: The Personality 'style' of the model 257

4. Role of conscience and value system in the model personality 258
<table>
<thead>
<tr>
<th>Section</th>
<th>Title</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>5.</td>
<td>Ideal priorities for the model personality</td>
<td>259</td>
</tr>
<tr>
<td>6.</td>
<td>Discipline: A transformation technique of model personality</td>
<td>260</td>
</tr>
<tr>
<td>7.</td>
<td>Life centred teaching: A tool of the model personality</td>
<td>261</td>
</tr>
<tr>
<td>Section iii</td>
<td>THEORETICAL INSIGHTS</td>
<td>261</td>
</tr>
<tr>
<td>COROLLARY</td>
<td></td>
<td>264</td>
</tr>
<tr>
<td></td>
<td>SOME SUGGESTIONS FOR TEACHERS</td>
<td>265</td>
</tr>
<tr>
<td>Section i</td>
<td>SELF-HARMONY</td>
<td>265</td>
</tr>
<tr>
<td>Section ii</td>
<td>GROUP HARMONY</td>
<td>270</td>
</tr>
<tr>
<td>Section iii</td>
<td>NATIONAL HARMONY</td>
<td>271</td>
</tr>
<tr>
<td>Section iv</td>
<td>WORLD HARMONY</td>
<td>272</td>
</tr>
<tr>
<td>BIBLIOGRAPHY</td>
<td></td>
<td>275</td>
</tr>
</tbody>
</table>