Dedication and Acknowledgments

Dedicated to my parents Smt. Chandrika K and Mr. Ravindran PN
my wife Sandhya S
my kids Namitha and Navneet

It is a great opportunity on my part to express my gratitude and sincere respect to my research supervisor **Dr. S. Anbazhagan**, M.Pharm, Ph.D, Principal, Karuna College of Pharmacy for patronizing me in my research work and providing me all the requisite paraphernalia to complete my project. His constant surveillance, vital feedback, immense encouragement and exterminable support have made this thesis a success.

From the bottom of my heart I thank **Dr. Mrs. A. Prameela Rani**, M.Pharm, Ph.D, Principal, ANU for her catalytic encouragement and moral support which enabled me to submit my thesis on time. I sincerely acknowledge him. The honourable Vice Chancellor of Nagarjuna University is a dynamic personality and I salute him.

I bow my head in front of **Acharya Najarguna University** staff members who have given me an opportunity to do my Ph.D programme and facilitate my work. The hospitality shown to me was really incredible! A lifetime acknowledgement!

I sincerely thank **Dr. K.N.V. Rao** along with the management of **Nalanda College of Pharmacy** for giving me an opportunity to work where most of my wet lab works were executed. He is the one who introduced me to ANU and he deserves a special acknowledgement.
I love to express my depth of gratitude and sincere appreciation to Dr. David Banji, Principal, Nalanda College of Pharmacy and his wife Dr. Otilia JF Banji, HOD, Dept. of Pharmacology for their exhaustive treatise which has help me to make my journey from the trepidation to a joyful exercise of mind and to provide me research facilities.

Many students have substantially helped me beyond their “call of duty” and I am ineptly thankful for their insights, suggestions and constructive criticisms by which I could improve my quality of work. Thus I proudly acknowledge the following students: Santhosha D, Sravya, Suneel M, K, Vikram, Santosh V, Swetha R, Padmasri A, Sravani P, Anil Kumar NV, Sridhar D, Rohit T, Sujitha B, Gangadhar, Rajesh S, Sameer , Swathi R (2nd batch), Swathi R (3rd batch).

I felt myself rich to have century old friends like Mr. Prasanth, Mr. Koshi and Mrs. Marry who always vivified my spirits and invigorated my zeal.

I wish to express my heartfelt thanks to Mr. Krishna Reddy, AO. He has been a paragon of excellence, simplicity and patience. I will be failing if I don’t acknowledge my lab attendedant Mr. Jaykumar, Lab Asst. Mr. Srinivasulu and Store in charge Mr. Sathyanarayana for their timely support and arranging instruments and chemicals.

I am indebted to the following researchers who were really instrumental and managed many responsibilities with precision quality for their scholarly suggestions, technical encouragement and provision of literature.

Dr. Patrick T. Spicer, The Procter & Gamble, West Chester, OH, USA. For the technical advice for cubosomal formulation.

Dr. Nishant, Research Scientist (R&D) Arjuna Natural Extracts Ltd., Ernakulam, for providing literature and technical advice for phytosoma;I preparations.

Dr. Joke Bouwstra, Professor at Drug Delivery Technology, Netherlands and Dr. José Juan Escobar Chávez, Unidad de Investigación multidisciplinaria, Laboratorio 12: Sistemas transdérmicos y materiales nanoestructurados, FES Cuautitlán-UNAM, Mexico for technical recommendations on Tape stripping method of drug quantification.
A sincere gratitude to **Lipoid GMBH**, Ludwigshafen, Germany for providing a generous gift sample of Phosphatidyl choline.

A special acknowledgment for **Research investigators academia**, Toronto, for providing specific technical support.

I am ineptly grateful to **Prof. Dr. Vivek Kumar**, M.Pharm, Ph.D, Prof. Principal, Vagdevui College of Pharmacy for critical timely information and moral support.

I appreciate **Dr. B. Sreedhar**, Scientist, IICT, Hyderabad; **Dr. K. Venu Gopal Reddy**, Director and **Mr. Anil Kumar**, research technician, Central facilities for research and development, Osmania University for performing TEM analysis and Confocal imaging respectively.

**Prof. Dr. Y Madhusudhan Rao**, Kakatia University was very much supportive and helped me in solving many technical issues. Also I would like to thank his Ph.D research scholar **Mr. Pawan** who helped me to perform rheological studies. A heartfelt thanks to **Mr. Sandeep** whose presence added comfort to the hospitality at Kakatia Uty. During two week SDP.

Special thanks to **Dr. K Krishnakumar**, BSc, M. Pharm, Ph. D, Principal, St. James College of Pharmaceutical Sciences who have not only encouraged me to do higher studies but also gave me moral support.

My sincere acknowledgement to the editorial boards of **Indian drugs, Acta Scientia Polonorum, Asia Pacific J Tropical Diseases (Elsevier)** for their constructive criticism of the manuscripts which enabled to augment the quality of my publications.

When I decided to leave my native place for the sake of Ph.D programme, two people supported my decision, even though they were left alone, they helped me in shifting and safely bringing my wife and kids back to me. They still used to travel hundreds of kilometres to join us. But alas when ever they were sick, I couldn’t nurse them, just because I am not with them and many time they let me know only after their recovery. Will it be enough if I just acknowledge them in words, without doing my moral responsibilities as their only one child?

She who supported me from phase one to the last stage of this thesis and beyond, her critical evaluation of my publications, pooled creative ideas and information. Above all she
has to take care of my kids and house hold scores in addition to her profession and her Ph.D programme. It is true that there is a woman behind every successful man. Sandhya, I couldn’t find a suitable word in Oxford dictionary to acknowledge you, just because my gratitude towards you is beyond words.

Because of our profession, we had to travel a lot, within and across international borders. No wonder it is Nami’s (my daughter) 4th school, leaving behind her favourite teachers and friends. Instead of sparing enough time with my son, Navneet (monu) and daughter at parks, playground during vacation, holidays and even many Sundays I was engaged with my Ph.D works. They lost what they deserved, knowingly or unknowingly they adjusted to the monotonous life style I have presented to them. They are my heart and soul!

I don’t have a brother but I do have a cousin brother who takes care of my parents in my absence. I appreciate Mr. Pradeep K (Kannanchetan) and his family who silently do everything for me and gives moral support.

Last but not the least let me acknowledge from the bottom of my heart and soul, the almighty, the eternal power, who nourished my strenuous professional journey and finally achieved my target which at least few in our society may benefit.

Vinod