PREFACE

The importance of studies in human growth has emerged as a major scientific curriculum for a long time in different parts of the world, but in India the field of human growth has been very little exposed to scientific enquiry. During the past two to three decades researchers in all fields related to child health have come to realize the importance of human growth study. Growth studies of children are necessary from time to time to assess the potential physical health of the country, particularly in an underdeveloped country like India. Unfortunately, no investigation on the physical growth of the children of Chhattisgarh region has been carried out till now. Thus there is an urgent need to study the physical growth of the children belonging to different populations of Chhattisgarh.

The present study entitled 'Growth Trends of Saryupari Brahmin Girls of Chhattisgarh' throws light on the physical growth trends of Saryupari Brahmin girls, an important endogamous caste of Chhattisgarh region.

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(Mitashree Nitre)