DE CLARAT ION

I hereby declare that the research done on the topic "Effect of Mental Rehearsal and Mental Depiction on Performance Tasks Involving Accuracy, Balance, Coordination and Speed in Relation to Different Age Level" is the original piece of research work done by me. I have specified by means of references, from where the information has been taken.

To the best of my knowledge, this thesis is not substantially the same as those that have already been submitted for a degree of any other academic qualification at any other University.

Dated: 21 Dec 90

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