ACKNOWLEDGEMENTS

It is my proud privilege and honour to express my feelings of deep gratitude towards Dr. (Ms) A. Sidhu, my guide. Her profound knowledge, literacy critique and inexhaustive patience were a source of immense encouragement throughout the present investigation.

A deep sense of gratitude is expressed to Dr. B.S. Brar for his timely help and encouragement provided in completing this study.

Grateful acknowledgements are due to Academic and Administrative Staff of Lakshmibai National College of Physical Education, Gwalior who always accommodated me for fulfilment of the assignment.

Sincere thanks are due to Dr. S.R. Gangopadhyay for correcting the manuscript.

The valuable help given by Dr. Ajit Singh for this study is acknowledged with gratitude.

The author wishes to acknowledge his gratitude to Principal, C.L. Shangloo, Govt. College of Physical Education, Srinagar for his ever encouraging words 'to go ahead' with the task and finish the race, and also
ACKNOWLEDGEMENTS (Contd.)

spared me for the completion of this assignment.

The author places on record his deep sense of
gratitude to District Youth Services and Sports Officers,
Physical Education Teachers for their active support
in this investigation. Willing co-operation of the
subjects of the study is specially appreciated.

P.S.