Acknowledgement

The author at the very outset wishes to express from heart of heart his ever indebtedness and gratitude to some of his exstudents and friends Dr. Pratyush Kumar Dey, Dr. Nandadulal Sengupta, Dr. Sudip Sundar Das, Sri Sumit Saha, Sri Subal Saha, Sri Subrata Dutta, Sri Dilip Ranjan Deb, Sri Swapan Kanti Pal, Sri Shyamapada Ghosal and Ritesh Sarkar without whose persistent and constant encouragement and inspiration this research work could not have been completed.

Prof. Dr. A. K. Banerjee of the Deptt. of Physical Education, Kalyani University is another name whom the author expresses his deep regards for his timely guidance and direction whenever it was necessary to carry on with the work.

Words are inadequate to express author’s respect to Prof. A.K. Bhattacharyya, Retd. Professor in Physical Education, Deptt. of Physical Education, Kalyani University for his constructive criticism, necessary advice and suggestions in course of progress of this research work.

The researcher wishes to extend thanks and appreciation to Dr. Gopal Chakrabarti, Senior Lecturer, Deptt. of Physical Education, Jadavpur University for his sincere cooperation in various ways in conducting this investigation.

The investigator sincerely and gratefully acknowledges the valuable assistance rendered by Dr. Pratyush Kumar Dey, parttime Lecturer of the Deptt. of Physical Education, Jadavpur University, Sri Arnab Kumar Laha of the Indian Statistical Institute of Calcutta, Sri Tarit Kumar Roy an exstudent of the Deptt. of Physical Education and also a University Basketball player in the administration of various tests of the study and doing the statistical analysis which helped immensely in successful completion of this work. The author will be failing in his duties if he does not extend his heartfelt thanks to the University basketball players for their sincere and timely response as subjects of this study for collection of data in order to reach conclusions of this study.

Sincere thanks and appreciation are also due to the Librarian, office staff and students of the Deptt. of Physical Education, Jadavpur University for their generous help and cooperation in the formulation and completion of this research work.

P.D.