

ACKNOWLEDGEMENT

This thesis is the accumulated outcome of constant guidance, close supervision and hard work and in this effort overflowing with gratitude, I wish to acknowledge all those who have contributed in the completion of this thesis.

First, I thank the “God almighty” for his grace and being the real guiding light throughout my study.

I would like to express my gratitude to **Prof. Chitra Purohit, President Banasthali Vidyapith** and **Prof. Aditya Shashtri, Vice Chancellor, Banasthali Vidyapith** for giving me an opportunity to pursue this research work.

It is my proud privilege to express my deepest regards and heartfelt gratitude to my guide, **Dr. Kumari Geeta** for her competent guidance with valuable suggestions and constructive criticism, which made this endeavor possible. At every step, she had been an idol and source of inspiration for me. Working under her was truly a great learning and unforgettable experience.

I would like to thank **Dr. Sameer Bakhshi, Professor in Department of Medical Oncology, AIIMS, New Delhi** for his valuable time, support and guidance throughout my research work.

I am also grateful to **Prof. Indu Bansal, Dean Faculty of Home Science, Banasthali Vidhyapith** for extending full cooperation from the department.

This endeavor will remain incomplete if I fail to acknowledge my parents **Mrs. Sunita Verma** and **Mr. Ravindra Verma**’s blessings, love and for laying the educational foundation and encouraging me during my tough times. My deep hearted gratitude to all my family members specially my mother-in-law **Mrs. Anju Srivastava** and father-in-law **Mr. Ravinder Srivastava** for their constant support. My deep hearted love and gratitude to my husband **Mr. Jayant Srivastava** for unconditional support and inspiration.

I would like to thank my younger brother **Rachit** and all my well-wisher’s blessings.

I convey special acknowledgement to all **the children and their parents** of my study for their co-operation.

Last but not the least I am thankful to my loving daughter **Asmi** for her patience, love and support throughout my work.

Mrs. Richa Srivastava