CHAPTER - V
SUMMARY, CONCLUSIONS AND RECOMMENDATIONS
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5.1. SUMMARY

Evolving appropriate frame work for female participation is essential to streamline the various parental environmental factors which influence female participation in sports. The history of sports is generally one of the masculine domination. That is why women in sports have been a topic completely ignored by most scholars in our country. Thus, participation of female in sports has been a relatively unexplored area of research.

The paramount purpose of this study was to find out the factors which are having influence on the female participation in sports so that a realistic standard programme for increased female participation in sports is assured.

It was observed that the parental attitude, family background, income of the family, availability of equipment and playing facilities were having significant influence in motivating women towards sports participation.

5.2. CONCLUSIONS

On the basis of results obtained, the following conclusions were drawn.

1. There has been a lack of encouragement from the parents and family members. The lack of parents participation in sports obstructed female participation in sports.

2. Parents are not taking their children to play fields and to watch sporting events along with them. They are not providing them with a social sporting experience.
3. There was a significant difference between women students from rural and urban areas in the matter of factors influencing female participation in sports.

4. Availability of playing facilities at the early years is having impact on female participation in sports.

5. Parental monthly income is having some affect on female participation in sports.

6. Parental occupation is not having any impact on female participation in sports.

7. Parental educational qualifications are having some influencing on female participation in sports.

5.3. RECOMMENDATIONS

1. Parental education regarding childrens participation in sports can be organised in schools and colleges.

2. Physical education teachers should provide upto date information regarding current year sports calender. This can be done in the form of sending news letter, parents seminar, parent teacher conference can be conducted to build a non threatening relationship with parents.

3. Physical education teachers should evolve parental involvement in school sports activities.

4. The existing system of education can be modified in such a way that physical education is given equal importance like any other subjects in the curriculum.
5. Female students should be duly motivated and properly encouraged to take part in sports not only by physical education teacher but also by every member of the faculty.

6. Women students who perform meritoriously in sports and games can be given preference in admissions in educational institutions and appointment and promotion in jobs.

7. By regularly screening video films in television on the enthusiastic participation and performance by women, could help to shed of their inhibitions to participate in sports.

8. Equality of opportunity in all walks of life must be attempted so that women can come out to participate in sports.

9. Required number of physical education teachers should be appointed for girls.

10. Involvement of various women organisations can contribute immensely for the development and for larger participation of women in sports.

11. Provision of separate play grounds for women would go a long way in encouraging female participation in sports.

12. Basic infrastructure facilities should be developed to suit recent trends in the field of sports.

13. Community sports service centres exclusively for women can be set up in each locality.

14. Opening of more number of sports authority of India (SAI) training centres for women may be considered by the Govt. of India particularly in the rural areas.