TABLE OF CONTENTS

LIST OF TABLES XIV
LIST OF ILLUSTRATIONS XV

Chapter

1 INTRODUCTION 1 - 29
   ➤ Statement of Problem
   ➤ Delimitations
   ➤ Limitations
   ➤ Hypothesis
   ➤ Delimitation of Explanation of Terms
   ➤ Significance of the study.

II REVIEW OF RELATED LITERATURE 30 - 56

III PROCEDURE 57 - 73
   ➤ Selection of Subjects
   ➤ Selection of Postural Defects
   ➤ Spondyrometer
   ➤ Insturement Reliability
   ➤ Test of Reliability
   ➤ Procedure of Administration of Test.
   ➤ Statistical procedure used in this study.
<table>
<thead>
<tr>
<th>IV</th>
<th>ANALYSIS OF DATA &amp; RESULT OF THE STUDY</th>
<th>74-99</th>
</tr>
</thead>
<tbody>
<tr>
<td>i.</td>
<td>Percentage of subjects with single deformity, Multiple deformities and normal posture.</td>
<td></td>
</tr>
<tr>
<td>ii.</td>
<td>Percentage of subjects suffering from different postural defects.</td>
<td></td>
</tr>
<tr>
<td>iii.</td>
<td>Discussion of finding</td>
<td></td>
</tr>
<tr>
<td>iv.</td>
<td>Remedial Program.</td>
<td></td>
</tr>
<tr>
<td>v.</td>
<td>Discussion of Hypothesis.</td>
<td></td>
</tr>
</tbody>
</table>

**SUMMARY, CONCLUSIONS AND RECOMMENDATIONS**  
100-104

- Summary
- Conclusions
- Recommendations

**APPENDICES**  
105-200

**BIBLIOGRAPHY**  
201-208