Chapter – I

INTRODUCTION
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1.1 Introduction
1.2 The Importance of Research Subject
1.3 Need of Research
1.4 Marathwada a Developed Region in Maharashtra State
1.5 Significance of the Study
1.6 Research of Problem
1.7 Definition of the Terms
1.8 Limitation of Research
1.9 Objective of Research
1.10 Variables
1.11 Assumptions
1.12 Hypothesis
1.13 Conclusion
1.1 Introduction:

Sport plays vital role in human life. Due to sport we can achieve enlightenment. Oxford Dictionary says the importance of sport in the following worlds, "Sport means competitive games which entertain us and gives physical strength. (Oxford Dictionary)

Sport competitions are organized to get entertainment and happiness. (Oxford Dictionary). The history of sport is as ancient as the history of human being. (Panday Laxmikant 1981). We give importance to happiness and entertainment in the sport. In the 'Atharv – Vedas' sport are played. Form ancient period we Indian have been giving importance to the sports. The worlds like sports, plays and activities have the same meanings as per their uses and values. While praising the sun in Vedas it is told that, "Oh Lord Sun ! you are crossing the sea as like the child" (Pandeay Laxmikant 1981) though it is the example of exaggeration, but we should see beautification of these lines. If we study Indian Language it is. It means moving, wandering, jumping in the sky. Another Indian world for play or sport is it is the combination of kri + da it means our work and our feelings of giving and taking habits. In the word 'krida' we can feel the pleasure of our tradition In 'Rig – Veda' we find 'Ashwakrida' means Horse Riding why do children play ? Because they enjoy it and only.

why should children play, only for getting enjoyment? And how much time should they play? The answer of all these question are - children should play for physical exercise it develops our health. They can move physically with easy way. But unfortunately, such sports are not considered seriously. Some people see towards the sport as the publicity or the source of Income but we forget that the sport is our need. Sport or game is our by birth natural instinct. From childhood
top old age we play games in various way or we must play and game. Playing is universal nature.

It is basic instinct. Playing is our basic need. Sport is an art and it is science too. Child's mental or physical development is depended on different kinds of sports. In fact sport keeps us healthy, fit, active, and happy. And if you want to be happy in whole life, you must play games the secret of your pleasure and activeness of mind is found in sport.

The format of sport is changed gradually. Its development is on its curiosity and idea. Only bookish knowledge and preachers are not sufficient, but it is necessary to give over all development of sport.

Today's student is the pillar of India. If he is / she is weak physically, then how can he / she run the country? And how can he face the scientific, political and social competition? He / She must be intelligent. Many students become bibliomaniac (book worm). Students spend their day time in school. At evening they become very tire and only sports can remove their tiredness. At the entry on play ground they tiredness with help of free air and breeze. And when they start to play, the secret power comes out from their body. There are different ways of developing our physic, as like exercise, swimming, and taking maintained food. But physical development is not only aim of sport, while playing games, students can develop their mental power. The competitive feelings keep their mind active. They always think how to defeat their competitors. And the feeling of unity is also there in their mind. Any sport or game is played as per rules, regulations and discipline. And all these things can be learnt only in sports. They learn how to observe rules and how to play with discipline. Winning or losing is the continues process of sport. If we win, we become happy; By jumping and shouting we express our happiness. In such a way we learn joy and sorrow, victory and defeat
simultaneously. The feeling of universal unity comes in our mind. Due to such reason Olympic Games are arranged.

Sports means boundless, free, pleasurable and favourite by birth physical and mental movement. (Sirsath S. 2001). Sport’s effect create in our mind discipline, Nature behavior, kindness, faith, time bound, decision making, leadership, decision power. Healthy student can create the healthy Nation. If we want the healthy young generation, then colleges, should play important role in it. If colleges arrange sports or games, then only the young generation become healthy and then only youth can create healthy nation. Sport must become the important part of our traditional education or we can say sport is the right of young generation.

We see towards sport in the view of entertainment and competition. Human life has become the competitive. We have lot of free time due to the automatic machinery system. We can use such free time to develop our personality by sport and we can make our life more and more beautiful. Due to sport, our life become happy, enthusiastic, and we can understand, how to be have in society. The feelings of unity, leadership, teamwork, helping nature, decision taking power, respect to elders can be filled in our mind because of sport in the developed country, the person who doesn’t play any game become mentally challenged. So in such countries all facilities of sports are provided to the children from their childhood. And they are inspired to play.

We find movements in muscles, due to sport or exercise. Muscles are connected to our nerves, and nerves are connected to our brain. So we enthusiastic and healthy by both mentally and physically. Playing the game is become the need of this generation and period. About it “James Roy” Says “Sport is joyful and enthusiastic physical movement, in which we can found complete self – confidence.” (Vaskar A. 1998).
Lokmanya Tilak also believed that student period is the best period of maintain health, so that’s why he become healthy from childhood. If we want to make good relation among other countries, then we must gave the same importance to the sport as like education. While playing we forget the world, so we should forget the sport while working, but it is vanished. The feelings of competition or match come in our mind. We forget happiness and we think only about winning and loosing. Then sport become our addiction. We see towards sport in the view of trophies, prizes and money Sport can become the the bussiness and our addiction. Such things must be avoided. We must understand the main aim of sport.

Who gets the knowledge is student. If you want to get the wealth of knowledge, our body must be fit. There is nothing holy thing more than education. And if you want to get such holy wealth, then our mind must be fresh. Our thinking process must be continued and sound mind is sound body.

Nowadays, knowledge is expanded in this present era of science. the harison of knowledge has been expanding, day by day. It is very hard to get the hole knowledge if you ont get the update knowledge, then it is very condition for you. (Bapat B.G.1998). Sport has different kinds of value in the society. Sport exposes our hidden power and skills in our mind. Sport helps us to decrease our mental tension. Sport develops our personal skills. Sport makes us social. The feeling of unity is increased and we become close with others. Sport creates the feeling of success in our mind and it gives us the power of winning. So that’s why we can achieve our aim of happiest life. The Nation in which children don’t play and don’t go on ground, we don’t find leadership in such countries. Such Nation can’t make any good development ( Jarde Sripal A. 1995). In such a way sport has great importance.

We should choose games as per our age, condition, ability and life. Game is the highest truth of the ground. Our body is our religion, and we must play with
discipline. Sport discipline on the ground is the need of society, Foreign sports require lot of money, but we can enjoy Indian sports with less money. Foreign sports need costly tools. So our ancestors composed the games or sports which require no money or less money.

Playground is the symbol of National Integration. Sport doesn’t believe in any kind of discrimination as per caste, religion, colour, language or region. So we find beauty in such sports. Sport is an art and sportsman is an artist, he shows his skills. The aesthetics of sport is formed in 1750. In this aesthetics it is checked that, how he (Sportsman) choose any game and how he makes the combination of his idea and his work. How the sportsman makes his square drive, and how he scientifically makes landing and how he catch the ball, and makes field. Spectators, forgetting whole world, they concentrate on the match. spectators enjoy the match and in such a way there is beautiful relationship between spectator and sportsman. While making the combination beautification of sport, sportsman has to maintain his mental condition. We find the relationship of sportsman and spectator in aesthetic of sport. When spectator see the beautification of sportsman. In his / her performance, he enjoy lot in such condition there is no boundary of age. There is only enjoyment and at last it is entertainment.

Sport is the same for whole people. And sport provides positive qualities to the society. Playground is the stage of team feeling, brotherhood and playfulness. If the person doesn’t get the chance to express his / her feelings, he / she becomes alone from the society. And due to such loneliness he tries to commit suicide so playgrounds, Jims and running tracks are nothing but laboratories.

The values of democracy are observed in sport. Freedom, Equality, Fraternity are observed in the sport. Brotherhood, Team feelings, Unity, Leadership, such values are inspired in sport. Good citizenship and good characters are inspired. The feeling of war is vanished out. The virtues or qualities as like
service of country, loyalty, independence, quickness, presence of mind, skills, creativity, the firmness of mind, discipline, bravity, and etc, are developed in sport. And the enmity of two nations is vanished. We forget the discrimination of colour, races, religion, region, caste and language. And the feeling of unity comes in our mind.

Sport becomes the part of process of human development. Though there are different types of games, but the aim all games is same. Sport is not only important on our personal level but it is important for the social health of nation. Because we find less quarrels, discrimination and disputes in healthier society. Healthy citizens increases the National Wealth so we must create fit and healthy citizens through sports. Playground is the place where we accept winning and loosing condition, and with free mind we must accept playful behaviour. Playground helps the human beings to develop nature and he/she becomes social. And playground enables us to provide physical and mental ability. Sport plays vital role in human life. It has different kinds of benefits. But if we don’t take part in games, we lacks such benefits. We must find out, why some children don’t take part in games.

1.2 The Importance of Research Subject:

Due to sport human being becomes civilized and cultured. We can develop our whole personality. Personality development means, Physical, Mental, Emotional, Intellectual, Social and Moral Development. And with this development we can become totally civilized. Due to education any person can become independent. His self-confidence is increased day by day.

Education is the continuous process which goes through whole life. Due to education we can achieve intellectual development, practical activeness, Professional ability, physical strength, socialism, beautification, morality, unity, humanity, Education can give us thinking ability and positive attitude.
Education has a very wide process. The purpose of education is not only, games, knowledge and mental development, but education must be whole personality development, so that's why physical education must be given with main stream of education. We may say education without physical education has no value.

We came to know with the help of excavation that India has ancient civilized culture from 2500 B.C. And this culture is called sindhu culture. In this period people used to play gamble and they would make mud toys of animals and birds. Dancing was the famous entertainment source. In the vedic period physical education was given. The people of ancient period were physical fit and sound. And they would maintain their physic to face defense attack, and protection. Nowadays scientific development is there is physical education. so that's why today physical education has great value. Physical education is not only profitable on personal level but it is profitable for Nation also.

Besides it sport is benifical to vanish custom in the society and growth of National Integration. Because sport affects on human thinking level.

The process of education has been going on from ancient period. Curiosity is the main source of education. And only due to such curiosity knowledge become more and more wider. The man developed himself educationally as per his need. And then physical education became the part of stream of education. There are four kinds of physical movement. After some days physical education is changed its face. Developed countries accepted the importance of physical education. But unfortunately in our country we didn't accept the importance of physical education in the comparison of developed country.

Though education is natural process, but we must learn different types of skills to get physical education. (Maney S.S. 1998). The aim of education is to create good person, and to compel human being to lead good, happy and satisfied
life. Education makes person social. Education is the source of good breeding, good character, moral values for next generation. Education creates stability in human life and so he leads good life.

There is good relationship between life and education. We can't make part them from each other. Life and education are the two side of same coin. Education is the dynamic process. And such dynamic education is the pillar of next generation. The man is developed by education (shevtekar Sharda 2002). There are two parts of education, and they are teaching and learning. Taking education is the basic part of education. only due to education the man becomes great. (Nagtonade 1987). These vishushastri chiplaunkar’s words are very proper. New norms are important in the child’s development of education. Education is most important thing in human life. As we need food, clothes and shelter. Education gives us intellectual, emotion and social development with the help of education we leave wrong tradition and new values, we accept. Education helps to maintain culture. There is development in social thinking.

In ancient period people were maintain their physic soundly for their good health and protect themselves from enemies. There were no good facilities of education in those days, but physical education had great values. Due to physical education they could manage their bread and butter, they could protect themselves, and they could protect their tribes. The ancient form of physical education is found in the wild life condition of human being. The human being had started to do each and every thing for any particular purpose, and he created society, and society create nation and then he gave importance to education of physical education, we have to study ancient period . India contributed great role in the development of world education. Indian physical education is taken through the source of our body need strong body. Ancient people would need strong body to lead their lives. Because he had to wonder through mountain he had to hurt and attack on enemies
and wild animals. He needed strong body. face natural calamities at first man started to take knowledge of “Mallyodh or Gadhyoudh” and then he started to excercise and playing games for entertainment.

In the vedas it is told that ‘pray the powers’ share madhyam khula dharma sadhanam with this slogan of vedas, they achieved their goal with ‘Dandbaithak(Deeps),Dhanurvidya(Archary),ogasanas,Surryanamakars, and with it they added flying of kites, fold dance, Bhalafek, Horse riding, Chess etc. Physical education fulfill the need of society. And the new or modern format is used as per the need of time and region. Physical education is the need of nation. If the people are strong , then nation also become strong. Physical education is the integral part of Nation. Nation needs the person who is strong by the body , complete by mental ability, and developed by emotions or passion. Human body is the source of social reformation.

Physical Education is the integral part of main stream of education. physical education means the programme of child's physical, mental, emotional and social development, which is organized to create ideal citizen. Shri. Bhagwat Gita says, 'The person , who takes maintained food, who exercises well, who works properly, who takes proper sleep and who wakes on proper time can achieve religious benefits', good wealth, good physical satisfaction and salvation. Same things of Gita found in Veda and Upnishda. If you want to get salvation, you must maintain your body fit. Physical Education is considered the source of personality development and the protection of society. In the view of education's expert with the development of science education is the strong body with strong muscle skills, mental energy, utility of pare time, and relation with society.

In this modern life the person must be strong by body, complete by mental ability, intellectually incomparable, emotionally developed and social education develops our mental ability, but what about our body. Physical Education helps us
to develop physically, mentally, emotionally, passionately intellectually, socially, and morally. Nowadays due to machine full life man lives very light life without any physical activity. Because of machines he gets leisure time. And he abuses his spare time, and if he wants to avoid all these, he must turn towards physical education. Physical Education removes your mental stress. So Physical Education has great value in the educational system.

We know very well, nowadays our life became very fast and there is lot of tension and stresses on our mind. And if you want to remove all these tension and stresses. You must take the help of physical education, you must take part in sport competitions and sport entertainment (Wakharkar D.G. 1981). The life today is very fast, people become addicted of alcohol, and tobacco. Due to lot of vehicles, our physical activities become very less. So there are lot of problems in our physical body. And so we loose our mental ability. So physical education must be included in the education physical education must be given same value as other subjects. We give value to the scientific experiment, in the same degree, sports or games must be respected. The development of sport and games must be recorded with the list of students. In this age of machine, we forget even basic physical movement. So there is mental and physical stresses are increased.

Today's Children are the citizens of tomorrow. Children should be physical strong, they must be able to develop the society. And they are the wealth of Nation. Every man or woman must be strong physically or mentally in the nation. In schools and colleges focus in given on educational and mental development, but how to maintain our physical status is not taught. And such things are not included in the syllabus. There lot of books which tells how to teach or learn English or Mathematics, but there is no facility to teach how to maintain our physical status. If we want to develop our country in the comparison of other countries in the world, only traditional and scientific education is not sufficient, physical
education must be given with it. For that lot of funds must be given by the government.

Physical Education is the superbase of education. And the building of education is depended on physical education. Otherwise, other education makes student superstition, corrupt, or mentally challenged. So it is very hard to become our country strong or developed. If the education is given without physical education, then there must be the problems like over population, corruption, unemployment, health problem. Because nation's health is depended on person's health. And due to sport many good qualities are developed as like team work. Brotherhood respect, patriotism, and the development of self – character. Today's student can make himself strong and active only with the help of physical education. So university and college must help to develop physical education. According to socrates, no person has right to neglect his / her health. So we must alert about physical education and respond the requirement of the Nation. And it is the responsibility of every citizen. It is a great tragedy to be unawareness about physical education and becoming old without taking knowledge of physical education. (Karandikar Suresh 1985) He followed the rules of physical education and he used to tell the importance of physical education to youth.

Nowadays man is misusing his body. So that's why physical ability is being decreased day by day. There is competition between physical work and the machinery work. There are different machinaries to decrease our physical works. No doubt, we can complete our work in shorter period with the help of machines, but so that we have to spare our time for exercise and games. In older days we have lot of leisure time in our contries specially people in rural area have lot of leisure time. And due to such spare time they spend their time on trivial things. They should use their free time for big games, Small games, Music or Singing
Our human body structure is specially made for playing games and not to do only indoor works. We do lot of physical movement for searching food, shelter or facing different kinds of problems in life in it we do walking, running, climbing throwing sleeping, hanging etc. All these are natural movements. And the sport or game took birth by such movements. And such games are modified then, and some games became modern and some games are became limited to festivals. The development of sports is depended geographical, social and cultural surroundings and atmosphere. Every country has historical tradition. The development of sport is depended on geographical, political, cultural condition. Sport is the natural inspiration of human life, basic happiness is found in the sport only. For bounding of the society sport plays vital role.

Physical Education had a great importance in the Boudhas Period also. The teaching of Lord Budha is non – violence, wisdom, character, sympathy and friendship was local language. Boudhist monk had to wonder from one place to another place for spreading the knowledge of religion. And so they had given physical knowledge for self – defence. They used to take education of sculpture art. Lathi – Kathi, sword, Malla youdh etc. In short physical education was given with the spiritual knowledge (Gogate Bhaskar 1969) After the independence of India, education was given special value in the first two five year planning commission. There was a special committee was arranged for physical education. Special departments were opened in schools and colleges. Various educational institutions were inspired to give physical education. Physical Education was considered as the way of physical development. Plain nature, strong body, skilled suscel metal enthusiasm, utility of time productive and the utility of entertainment.
Playground is the college for children, which promotes them to do moral things. In the physical education child is always ready to lead the team, or follow the orders of team leader. They admit the decisions of their referee. Child learns lot of things as like keeping good relations with co-players, to accept or digest the decisions of referee, to follow the orders of teachers. In the competition plays their identity by exposing their skills. Nowadays different sport competitions are arranged all over special treat is used to arrange such competitions. Because competition has special value in the physical education. with the help of competition the child is taught, how to conduct competitions, controlling on anger, personality development, National Integration and with it different qualities are increased. But arranging sport competitions is not sufficient, but we have to compare India on the universal or international level. Because strong nation is depended on such competitions only.

Denmark is the first nation in the world which made the physical education compulsory for 1 to 14 years old students from 1814. There is a special law to provide sport facilities to schools and centre Govt, and Local Govt. help the schools by giving funds in the development of sports and by such funds they erected play grounds, jims and swimming tanks. (Jarde, Sripal 1995) Some countries in the world gave special importance to the physical education. So they become developed. They included Gymnastics', Athletics, Football, Swimming, Folk Dance, Health and Sex education in their syllabus of main stream of education system. So the students in this country are not strong mentally only but physical and society also. And such students help nation in the development.

Creating the National Integration is possible only in physical education. DUI gives the importance to the practical education than the bookish education. DUI says "Activity comes first, then education on must be given by experimental activity. Real knowledge and direct experience can be got only by the activities.
'Learning by Doing' is the famous proverb. Physical Education is the greatest example of learning by doing. Playing is the natural instinct of human being. The great educationalist Mahatma Gandhi, Robindranath Tagore, Piye, Frobel, harbart, Montesary, Playing activity, movements must be used as a sources of education, and such actions can be remembered very easily. As per the sport science sport has great value, but process and medium have the same value also. Many games become famous as the traditional games, some games became modern, and some games remained limited to festivals. Some games are played now also, as like ball games, chess, horse riding, swimming, yoga, pranayam, dance etc. Such games are played for the purpose of exercise.

Physical Education is the base of whole education system. Any work needs mind, body, and health. But basically we neglected our body. So healthy of society and Nation is also neglected. So we must provide lot of facilities of sport. So physical education must be given to students to employees, children to old people, peons to officers, followers to leaders. The compulsion must be there to all these people to play daily at least half hour.

Physical Education teaches children to live independently. It plays the vital role to teach them, how to do team work how to behave in society, how to develop friendship, and how to grow and maintain friendship and how to grow and maintain friendship, how to develop socialism and in the teamwork, the qualities as like team, co-operation, brotherhood. Leading , decision making are developed and it is helpful for society, girls can be developed themselves physically, but they can be learn how to behave in the society. Children learn to live without castism, race, narrow mindness, discrimination of poor's and rich. Children's Characters are developed in physical education. Children become moral mentally due to physical education. Their behavior is changed. They start to live in good company. Physical Education is the education, which is given through physical movements.
And in this education, tolerance intellectual development, maintained personality, physical skills are found. Many good qualities are maintained in this education as like obedience, leadership, playful nature, socialism, independence etc. (Sonwane Sanjeev, 2006). The man in ancient period had to work himself physically. He used to go in jungles, he crossed river, mountains and he wandered for bread and butter, he had to protect his family. So naturally he would do physical movement. They were strong physically. But in modern life, due to science and machines, our physical movements are become less. So today physical education is very necessary for us. (Jarde Sripad A. 1995).

Many thinkers expresses their views about physical education they are as bellows.

a) Johnlui: Physical Education is the solution of all types of problems. (Wakharkar D.G. 1984)

b) Swami Vivekanand: Physical Education means the complete manifestation of human body (Khadikar S.M. 2000).

c) Wuest and Bucher: Physical Education is an educational process that has its aim in the improvement of human performance and enhancement of human development through the medicem of physical activities. (Barrow H.M.)

d) J.B. Nash: Physical Education means the movement of important muscles and their effects and development, which is important for human development. (Gadre Gita 1994)

In this way many thinkers define the physical education by their thoughts. In the modern physical education only stricter of body, drill or marching are not included, but students physical, mental, social and intellectual development are also included.
**THE PURPOSE OF PHYSICAL EDUCATION:**

Development of physical ability, Emotional Development, Development of Art Skills, Development of the relationship, Development of intellectual decision power, Development of entertainment, Development of social qualities.

1.3 Need of Research:

Physical movement start with the birth of child. And there is harmony of physical movement with the growing age. And we call such movements as, play sport or exercise. So there is important place of sport in our life. If there is no physical education in the intellectual development, then our personality development would be one sided. Sport is essential with other study. Every student can't become sportsman, but including sport in his daily routine, he/she can get physical benefit on the junior college level, sport is not included. They gave more importance towards intellectual development and sport is kept as on their choice. They become only exam oriented students, but they lack lot of things from their lives. The social aspects as like freedom, brotherhood, and equality are developed by sport. Our physic become strong. We can remove our tiredness, but all these things can be achieved, when we take part in sport. Girls keep themselves away from sport. So it is necessary to find out why students don't take part in sport.

If we survey the educational system of Marathwada Region, we come to know that primary, secondary, and higher secondary education is going on very proper level. The quantity of educational societies, students, teachers,
lecturers are increasing day by day, in the comparison other regions of Maharashtra with the education, girl's personality and cultural activities have proper positions. And sport is related to health. In the Oxford Dictionary, sport or play means, Sport means plays arranged for competitions. (Oxford Dictionary). There are other aspects also in sport, and they are recreation, physical activities, exercise and the source of recreations. In such plays we have Yogasanas, Meditation, Running (Oxford Dictionary). Colleges plays the roles of developing cultural activities. Colleges are the temples of education. Students of college is strong by physic and mind. College students have lot of leisure time. They can utilize such leisure time on ground. And if they spend their time on play ground, they can become strong by physic and mind. And they can help the nation for development. For that sport competitions must be arranged on college level. "Play grounds are proper places which give the chance to develop Nationalism and International relationship. Play grounds are the temples which teach children the moral things and develop their characters. Those countries are developed which have ground play grounds" (Karandikar 1998).

College students is the centre point of our research. College students are the pillars of our nation. If they understand the importance of physical education, they can lead their remaining life very soundly. And they can help the nation in development.

According to Aristotle –

"The body is the temple of soul and to reach harmony body mind and spirit the body must be fit". (Deshpande C.A.2007). Jr. College students are teenagers by physic and mind. In this stage student go towards as they get. And if they play on plya ground for some time, it will nice for their exercise and their mind also become strong with their body.
As laboratory is necessary to teach science, play grounds are important for physical education to develop the attitude of students towards sport and teachers interest in the sport. Teachers must check, how much periods are therefore sport or plays, and what are the effects are there on their mind. They must also find out, in which games, students are taking interest, and in which game they are taking part most. Such things must be studied and its reports must be presented. If the citizen become strong, then only we can create active nation. And the whole nation will become healthy and such problems can't be arisen. If we utilize body and mind on proper thing and for anti- national activities can't be happened. the democratic values can be achieved by physical education only. the freedom, brotherhood, equality and justice can be found in sport (Wakharkar D.G. 1981). Through the source of physical education person becomes disciplined by learning rules and regulations and he / she behaves well. Nowadays the child crime is increased day by day in the whole world. The condition of today's educational system is very dangerous for children and so the ratio of crime is increased as per their growth. So that's why, children must be brought on the play ground. Their natural qualities must be inspired. Their hidden things in their mind must be taken out. Today government wastes its power to vanish the inter affaires between two powers. And if Government give work to all people and children must be engaged on play ground, it will be profitable for the health of children and leisure time will be utilized correctly.

The man in ancient period had to face the problem of food, clothes, or shelter in adverse condition. He had to get the physical skills, correctness brisk and so on. Nowadays physical movement are least, and mental work is being increased. So we have to face many diseases. Children of today
spending their time in study, watching T.V., Playing video games on computer and mobiles in fact it is the condition or age of playing. They must take part in playing on play ground. Dr. Suresh Karandikar says in his book, "Bhartiy Samajatil Shikshan (Education in Indian Society)"

"Society become unite by education society will become strong. There must be peace, unity, and democracy. Indian society will vanish superstition and old thoughts which are outdated now. The country will stand on patriotism and faith in nation. It will become independent.

Everyone thinks that his / her physic must be healthy. Everyone tries to get happiness, peace, success, wealth an health. Physical exercise is the only solution of our fast life, mental stress, unstable life and additions. Because due to physical exercise not only our body become strong, but our mind also become strong. students, elders, and old people can create enthusiasm by physical exercise. Physical Education is important for developing our personality and we can develop our personality and we can develop our basic qualities We are failure to include physical education in Jr. colleges because students, teachers, parents and government don't give importance to physical education seriously. Most youth power is found in India with the comparison of other countries in the world. And if we want to make the youth more strong, there is no other way than physical education. So here, "A critical study of participation and performance of Jr. College Students in Marathwada". the subject is chosen. With the help of this research, the problem of Marathwada's Jr. college students are understood and discussed. And some solutions are also given here. Because there is no deep study on this subject.

1.4 Marathwada, a developed region in Maharashtra State.
Marathwada is the developed region in Maharashtra State. Marathwada is considered as the backward area of Maharashtra. Nizam Govt. has ruled this region, so it remained backward on all tracks. Nizam ruled this area till 17 Sept. 1948. The people of Marathwada was exploited not only but economically but educationally also. And we are facing the loss of such conditions, nowadays also. The illiteracy of Marathwada is more than other region of Maharashtra. There was Hyderabad free movement to make free Marathwada by Nizams. Many Nizam Government, at last Marathwada was freed in 1948.

Ancient Marathwada had prosperous history. Marathwada was ruled by many Hindu families, Muslims, and britishers. Satwahan family was one of them. The family was very brave. They ruled Marathwada for 460 years. Satwahana family was known as the 'Andhra Family'. Andhra king was the first king of Marathwada. paithan was the capital place. There were sport and entertainment facilities in satwahan rule. For entertainment there were outdoor, games as like mallayudh, hunting, fighting, chariot races, swing, shrisandhan, vithi- Danda, cock- fighting. (Morvanchikar R.S. 1987).

Marathwada is the regional name and its means the region of people who speak Marathi language. In previous Hyderabad state many languages were spoken. And so they were identified by their languages. Though Marathwada was included in 1056 in Maharashtra State, but the name 'Marathwada' remained the same (Kaley Bhagwan 1986). In 1930, by the inspiration of Mahatma Gandhi and under the leadership of Swami Ramanand Teerth, the youth of Marathwada fought against Nizar Government by erecting strong movement. The effect of this movement was that Marathwada people is critical. Marathwada was ruled by different kings and kingdom for seven hundred years, so the mind of Marathwada people became slaves. There are right districts of Marathwada and they are
Aurangabad, Jalna, Parbhani, Nanded, Beed, Latur, Osmanabad and Hingoli (Gogte B.R. 1994)

Marathwada is the sacred land of saints and great people. But today also the people of this region are unnoted. There are eight districts in Maharashtra. Aurangabad’s positions is in middle part. The atmosphere of dry and hot. The famous tourist places of Aurangabad are Ghraneshwar Temple, world famous caves of Ajanta and Verul, fort of Devgiri, Bibika Makabara, Panchakki, Dr. Babasaheb Ambedkar Marathwada University is also there.

1) There is yogheshwari goddess temple in Ambajogai in the Beed district, the pioneer poet of Marathi, Mukundraj Swami’s mausoleum, and mausoleum of Pasodikar Dasopant.
2) One of the Bara Jyotirling is there in Baidhanath Temple.
3) sidheshwar Temple in Latur.
4) Gurudwara Temple in Latur.
5) The temple of Aundha Nagnath, in Hingoli District.
6) The temple of Goddes Tulaja Bhawani in Osmanabad District.

Such ancient heritage are found in Marathwada. The life of marathwada is developed on the bank Godavari river with this river other sub rivers are also there as like Purna, Dudhana, Manjara, Terana, Bindusara, Marathwada covers 21.15% area of Maharashtra state. The land of this area is dark dark black by colour. The draught areas of this region are Jalna, Osmanabad and Beed.

Speaking about, how less education facilities of education were there in Marathwada, shri. B.Gogate syas ”In Hydrabad state maximum people would speak Telgu Language and after that Marathi and Kanadi speakers were there. But official language of Government was Urdu. so the medium of education was urdu. So the medium of education was urdu. From 1918 Nizam Government made the educational language was urdu, illegally. So other
languages couldn't take part in the main stream of education. (Gogate B.R.1994) But now we witness ample development in education, but till Marathwada is backward in the development of physical education. If we survey the education in Marathwada, we come to know that there is good development in primary, secondary and higher secondary education. The quantity of educational societies, students teachers and professors have been increased in great amount. And different faculties are opened in this area as like, Arts, Literature, Science, Commerce, Medical, Information technology and so on. But Physical Education is not developed in the comparison of other parts of Maharashtra and here we have to find out the reason of it.

Dr. Sudha Kaldate says about the development of sport as following. –

"Sport has not been very much developed field in Marathwada except in higher education level (Kaldate Sudha) sport was not developed except in higher education. There are different reasons behind it. It is told about it that there are sport departments in colleges and universities. There is special teachers and fund is also given for sport, but such departments are not become by these departments (Kulkarni Bhujangrao 2001)

Today the players of Marathwada are not seen on National and International level. And the reason behind it are,

1) The facilities of sports are not given to students.
2) Experts of sports are not ready to teach students.
3) The facility of technical knowledge is not available in Jr. Colleges.
4) The Project of sports is not implemented for year.
5) Sports are not inspired or promoted.
6) The practice of sport is neglected.
7) Sport teachers are reluctant.
8) Sport qualities or sport skills are not available in the students.
9) People are unaware about physical education though there are such reasons physical education must be considered as the part of main educational system.

Educational societies, colleges, sport teachers, universities, different organizations, parents must available the different facilities of sport. In fact it is the need of country so government must pay attention on it. In such a way we must consider the physical education as the part of main educational system, then only we can give the chance to our students.

1.5 Significance of the Study:

In childhood, student can't understand the importance of sports so they give importance to intellectual development. Because they misunderstand that only intellectual development can make them happy or prosperous. So students become exam oriented. But they lack many good things. Due to continuous study, they become tired and to remove such tiredness, student must play entertaining games, and then he can feel very light, by physically and mentally and they can not only remove their stresses but their body can become strong and with the refresh mood they can start their study with new zeal also. The future life will become moral prosperous. If they (Students) become good citizen by sport, it is profitable for the Nation. so it is necessary to check or research, why students are not taking interest in sorts and what are the problems behind all these reasons. And what are the solutions are there, also given in this present thesis.

What is the ratio of students, who take part in Marathwada's Jr. Colleges? And in which games types are favourite for them ?, Are all types of facilities are given to them or not?, How are their performance?, Are they given proper training or not?, All these questions are chosen for this research.
1.6 Research Problems:
"A critical study of participation and performance of Junior college students in games & sport in Marathwada".

1.7 Definition of the Terms:
1] Marathwada: Marathwada has historical inheritance, it is developing but backward in education.
2] Participation: Players should take part enthusiastically in different sports.
3] Performance: To show skill by taking part in sports.
4] Junior College: Where the students take admission in 11th and 12th Std. are called Junior College.
5] Sports: To play means to take delight to our mind and body it does not have any intension.

1.8 Limitation of Research:
1) This research is related to Marathwada only.
2) Research is limited to Aurangabad, Jalna, Beed, Parbhani, and Hingoli district's Jr. Colleges.
3) The time period is 2011-2012 and information of this period.
4) The research is depended on queries, interviews and information by related offices.

1.9 Objective of Research:
1) To study the performance of Jr. college students in sports in Marathwada.
2) To study the facilities given to the students of Jr. Colleges in Marathwada.
3) To study the training which is given to the student of Jr. College of Marashwada.

4) to study the different level as per the participation and performance of the students in 211-2012

5) To study the performance and participation of the students of Jr. Colleges, which are connected to Sr. colleges in Marathwada.

6) To study the performance and participation of the students of Jr. Colleges which are related secondary schools in Marathwada.

7) To study the comparison between the Jr. colleges which are connected to Sr. colleges and secondary school as per their performance and participation in Marathwada.

1.10 Research Problem and related variables:

**Dependent Variable :** Marathwada, Jr. College

**Independent Variable :** College students, their performance and participation.

1.11 Assumption :

1) The performance and participation of the students in Jr. Colleges in Marathwada are very less.

2) The facilities are not given to the students of Jr. College in Marathwada.

3) The training was not given properly to the students of Jr. Colleges in Marathwada.
1.12 **Hypothesis** :
1) There are lot of students in Jr. Colleges in Marathwada.
2) Physical Education and plays are taught to the students of Jr. Colleges of Marathwada.
3) Play grounds are available to the students of Jr. college in Marathwada.
4) The participation of students in Jr. Colleges in Marathwada on different level.
5) The performance of students is on high level on different level in the Jr. College of Marathwada level.

1.13 **Conclusion** :

In the present chapter "The performance of participation of students of Jr. colleges in Marathwada – a s elective study – All information is given as per the research method. In this chapter the importance of research and needs are give. And with it the problems and obstacles also discussed. And the identity of Marathwada and the physical education and its condition are also discussed. The purposes of research is given and it's "Chale" are prosecuted. The Grahtike, which are depended on purposes also presented."