Chapter – V
Summary Conclusions and
Recommendations

5.1 Summary
5.2 Conclusions
5.3 Recommendation
5.4 Suggestions
Chapter – V
Summary Conclusions and Recommendations

5.1 Summary :

In the first chapter of introduction of this thesis we tried to putforth data about "A Critical Study of Participation and Performance of Junior College Students in Games and Sports in Marathwada". In present chapter, we gave information about sports and its importance. We also tried to throw light on research's direction. In present chapter importance of research is told and it is also explained importance of research with present reference. In present thesis some objectives are studied minutely. With the help of those objectives some assumption are taken into consideration. Focus is thrown upon nature meaning, importance, scope of limitation of a problem.

A Researcher has taken reference of the thesis which are related and on which research is done before Researcher tried to explain importance of commentary of spcial point of view. A Researcher also tried to take reference of various volumes, books, magazines, article, newspaper which are with his thesis. Those writer's point of view is also taken into consideration with the help of these researcher has developed his own view to work on this problem. Sport related teaching methods, Government policy related with sports are also taken into consideration.

In the third chapter of research Researcher explained which method has been used for research. For present research researcher has taken help of survey method. Importance and necessary of survey method is explained. Tools for data collection, interviews, questionnaire, importance of all these things are explained. Survey method is preferred for present research by taking it importance and variety into consideration.
In the fourth chapter of this thesis analysis of statistical data, for that questions are filled up from students and on that basis researcher tried to highlight why players performance in the part is low. From this data collection reality is putforth. Collected data analysed very strongly with the help of these points conclusions findout. This chapter gives new information about subject.

Research tried his level best to give new look to preserve thesis taking various aspect into consideration. Conclusions are made on the basis of table with the help of graph, statistical information, proper data is presented in proper way.

Conclusion and recommendation in this fifth chapter of thesis first theoretical side is highlighted. In previous chapter on the basis of some assumptions, some recommendations are done and some new suggestions are given for new research.

5.2 Conclusions:
- Participation and Performance in games and sports of Junior College Students in Marathwada, Beed District Junior College Students shows highest performance i.e. 34.57% and Hingoli District Junior College students shows lowest performance i.e. 10.80%.
- Participation and Performance in games and sports of Junior College Students in Marathwada which are connected to Senior Colleges, Beed District Junior College Students shows highest performance i.e.41.35% and Hingoli District Junior Colleges shows lowest performance i.e. 8.58%.
- Participation and Performance in games and sports of Junior College Students in Marathwada which are connected to Secondary School, Parbhani District Junior College Students shows highest performance i.e. 19.9% and Aurangabad District Junior College Students shows lower performance i.e. 7.80%.
- Participation and Performance in games and sports of Junior College Students in Marathwada, Junior College Students which are connected to Senior College Students shows higher performance than Secondary Schools.

- The overall Participation and Performance in games and sports of Junior College Students in Marathwada is very low i.e. 16.19%.

- Aurangabad, Jalna, Beed, Parbhani, Hingoli from all of these District only Beed District Players shows Performance at International Level. This performance is 2.47%

- All above collected data indicates that Junior Colleges students in Marathwada shows very low participation and performance in games and sports, let us see the reasons.

- After observing Marathwada's Junior College's, Students performance and participation in sports it is found very low as per the total strength of students.

- Participation and performance of Junior College Students in sports is seen high in group sports rather than individual levels.

- We get depress when we study Junior College Players performance at National and International Level.

- There is no sport teacher as per the strength of Junior College Student. Even there is no sport teacher at all in some junior college. This inavailability of teacher affects on student's performance and participation in games.

- Syllabus of Junior College is very vast and student gives first preference to complete studies though they are interested in games, games are avoided and indirectly it affects on their performance and participation in games.

- Parents do not encourage students for sports but they encourage them for study.
- Allowance which is provided to player in sport time is not sufficient and no special scholarship facility is available for players.
- Players don't get guidance of sport doctor.
- Players are not encouraged from College as well as not awarded from College if they give best performance in sports.
- Junior College Students attitude about sports is positive but due to lack of necessary facilities, proper guidance, latest tools, economical problems because of all these problems student can't give their best performance in sports.
- Sports period are not taken as per time table other subjects are taught in period of sports.
- Sufficient practice is not taken so students can't give their best performance in sports.
- State and Central Government Policy about sports is not sufficient even scholarship, reservation in job, these facilities are not sufficient.
- Economical, Social and Cultural Backwardness of Marathwada is responsible for low performance in sport. If we take effort to remove this discrimination so that will help us to improve students participation in games.
- Lack of primary facilities in sports, like low quality tools and equipments for sports, lack of playground, no proper guidance, irregularity in sport periods, lack of eminent coach, incomplete facilities, vast syllabus of student, these are the reasons which make players participation low.

5.3 **Recommendations** :

1) College should provide special facility of scholarship for players, it will help cream players to come out.
2) Sports develop confidence in students. He can control on his emotions. So sport teacher must encourage students to participate in games.

3) College should try to find out good qualities for sports which will give us excellent players. A perfect planned should be made for improvement of sports and sportsman.

4) Many parents advice students that they should give more and more time for study that makes students exam oriented. He is neglected from sport. Continuous study makes student tired and boared and playing different games some entertaining programme makes him fresh. He will get inspired so that he can begin his study with fresh mood.

5) University should arrange various orientation programmes for sport teacher, so that they can provide latest and update information to players.

6) Players should get the guidance of sport doctor. So that, players can achieve any technique in less time and in good manner. Due to latest information rules and regulation players can get excellancy in games.

7) A College should plan some special facilities and economical facilities for players who can achieve excellancy in games.

8) College should pay attention for scholarship, allowance and reservation in job for good players. It should also take care of their mean that they should provide nutrisious food. New Sport Policy should be more capable.

9) Sport teacher from college should take sports period as per schedule and they should take more and more practice of sports.

10) Coach should be available for modern equipments and playground.
11) In every College Physical Education's should be there as per students strength.

12) Internal Sports Competition should be organised to improve students performance and participation in games.

13) Excellent players should be encouraged by awarding them.

14) There should be ample of books and magazines about sports in library.

15) Girls performance and participation in sports from Junior College Students is very low in comparision with boys different sport competitions should be arrange with the help of co-education.

16) We should try to vanish economical, social, psychologic at discriminaton to improve players participation games.

17) Sport participation devote some mark in result student should make realise this thing so that students will not avoid games. Students should know this fact that Board gives 25% to those who play.

18) Training is the base of sport. So that, players given best coaching at National and International Level.

19) Players get prestige in society. Thats why they should not face lack of primary facilities and economical problem. At must earn his life only through games.

20) There should be perfect co-operation among Government, College Administration, Sport Teacher, Coach and Parents. It will important sport field genuinely.

21) Government should increase players allowance, it should provide sport uniform and other necessary equipments to players.
22) At Pune Maharashtra Government arranges selection competition at National Level. It should be given preference at respective State Level.

23) From District Sports Office very Districts in Junior Colleges Performance is noted. Action should be taken place with those Junior Colleges who do not participate in sports.

24) Granted Colleges are provided with fund for students but Junior Colleges do not use it for its purpose. Government should investigate and take action against those colleges.

25) Government has given 50% reservation for players that should be increased.

26) District Sports Office should provide modern equipments for Kabaddi, Kho-kho, Wrestling competitions.

27) Government should cancelled the fund of those Junior Colleges which do not participate in sports event after getting fund for sports.

28) District Sport Office gives Rs.15,000/- encouraging price to those Junior Colleges which gives their best participation in games like Kho-kho, Volleyball, Wrestling, Outdoor Games. That amount be increased and it should be given for many other games also.

29) Government should arrange some attractive plans which will encourage players from rural area to participate in games more and more.

5.4 Suggestions :

1) Research is needed on "Difficulties of Physical Education Teacher from Junior College."

2) "Junior College Students strength and their grade", study should be done about it.
3) There should be research on participation in sports in childhood and in youth.

4) It is needed to do research on sports competition in vocational industrial field develop workers efficiency.

5) It is important to explain importance of sports and research should be done on this subject.

6) We should try to decrease injuries in sport with the help of self doctor.

7) By research point of view players physical, mental capacity and their inter-relationship is important.

8) Parents positive attitude towards game is an important factory by research point of view.